



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION



NO. 116
Advisory No. ____, s. 2023
April 4, 2023

**CORRIGENDUM ON THE PARTICIPANTS OF THE REGIONAL ATHLETIC MEET
(NCR PALARO 2023) S.Y. 2022 – 2023**

Herewith is the addition to DepEd NCR Memorandum No. 162, s. 2023 re:
Regional Athletic Meet (NCR Palaro 2023) S.Y. 2022 – 2023.

The following are additional members of the Medical Team:

1. Dante Nacpil, MD – Quezon City
2. Narciso Costales Jr., RN – Quezon City
3. Adelaine P. Javate, DMD – Valenzuela
4. Jan Rossam A. Alabado, RN – Muntinlupa

Encl.: As stated
DepEd NCR Memorandum No. 162, s. 2023


WILFREDO E. CABRAL, CESO III
Regional Director



Misamis St., Bago Bantay, Quezon
City

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Effectivity	01.26.23	Page	1 of 1





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WILFREDO E. CARRAL, CESO III
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NCR PALARO 2023

Medical Staff / Sanitation

1. Connie P. Gepanayao, MD, FPPS – ESSD-NCR
2. Merlino M. Mateo, DMD, MPA – ESSD-NCR
3. Joseph Christopher S. De Guzman – Manila
4. Dante Nacpil, MD – Quezon City
5. Jose S. Trinidad Jr., MD – Quezon City
6. Rouel Albea, DMD – Quezon City
7. Adelaine P. Javate, DMD – Valenzuela
8. Alma Vergara, RN – Valenzuela
9. Basilio Cabasug, RN – Valenzuela
10. Karen Belagan, RN – Quezon City
11. Narciso Costales Jr., RN – Quezon City
12. Michael De Guzman, RN – Quezon City
13. Joy Geronimo, RN – Caloocan
14. Marylou Aquino, RN – Taguig-Pateros
15. Christian Baluyot, RN – Malabon
16. Aaron Jacob Omania, RN – Pasig
17. Jan Rossam A. Alabado, RN - Muntinlupa



PALARO 2023

ADVANCE GAME

April 15-16, 22-23

Schools Division	Sports Events	Health Personnel	Venue
Malabon	Arnis (E/S – B/G)	Christian	Oreta Sports Complex
Parañaque	Billiards		Parañaque NHS
Makati	Dance Sports		University of Makati
Quezon City	Football (Elimination)		Rizal HS
Valenzuela	Futsal	Dr. Adel / Alma	WES Arena/Sitero Francisco NHS
Pasay	Para Games- Bocce Goal Ball	Dr. Mateo	Philippine National School for Blind/MOA
			Jose Rizal Elementary School
Caloocan	Wrestling	Dr. Connie / Joy G.	Rizal Memorial
Muntinlupa	Swimming	Alabado	Muntinlupa Sports Complex-Muntinlupa Aquatic Center

REGULAR GAME

April 24-28

Schools Division	Sports Events	Health Personnel	Venue
Pasig	Athletics Including Para Games	Aaron Omana Jan Rosom Alabado	ULTRA Complex
Marikina	Archery		Marikina Gold Toe Archery Range
	Baseball	Basil	Marquinton Field
Quezon City	Basketball	Doc Jojo / JC	Belarmino, Amoranto Astrodome
Marikina	Badminton		Marikina Sports Complex-Badminton Court
Mandaluyong	Boxing	Dr. Dante / Christian	Eulogio Rodriguez Integrated School
San Juan	Chess		Pinaglabanan ES Multi-Purpose
Quezon City	Football (Semi- final/Final Game)	RC / Mike	FEU Fern
Valenzuela	Futsal	Dr. Adel	WES Arena, Valenzuela City
Manila	Gymnastics	Dr. Connie / Joy G.	GAP Training Center
Navotas	Pencak Silat	Karen	Rizal Memorial Sports Complex
Pasig	Softball	Doc Ronel	Rizal HS Track Oval
Las Piñas	Sepak Takraw	Alabado	Las Piñas Elementary School
Taguig-Pateros	Taekwondo	Marylou Aquino / Dr. Adel	Taguig City University/Hagonoy Sports Complex
Makati	Table Tennis		Makati Coliseum
Marikina	Tennis		MSC Tennis Court
Quezon City	Volleyball	Alma / Dr. Mateo	Esteban Abada ES, Judge Juan Luna
Pasay	Wushu	Karen	Wushu Gym Rizal Memorial

PALARO 2023

ADVANCE GAME

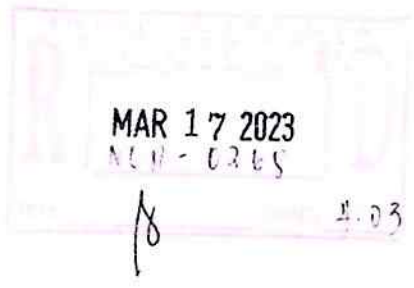
April 15-16, 22-23

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Parañaque	Billiards		Parañaque NHS
Makati	Dance Sports		University of Makati
Quezon City	Football (Elimination)		Rizal HS
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Quezon City	Volleyball	Alma / Dr. Mateo	Esteban Abada ES, Judge Juan Luna
Pasay	Wushu	Karen	Wushu Gym Rizal Memorial



Republic of the Philippines
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March 15, 2023

MEMORANDUM
No. 162, s. 2023

**REGIONAL ATHLETIC MEET (NCR PALARO 2023)
(SY 2022-2023)**

TO: Schools Division Superintendents
Division Leader School Principals
Public and Private Elementary and Secondary School Principals

1. The 2023 Regional Athletic Meet (NCR Palaro 2023) for SY 2022-2023 is scheduled on April 24-28, 2023 with advance games on April 15, 16 and 23, 2023 in different venues. Opening Ceremony will be held at the Marikina Sports Complex on April 22, 2023 at 2:00 pm.
2. To ensure the success of this annual sports activity, school officials, teachers, students and parents are encourage to watch the games to boost the morale of their athletes, as well as promote the love for sports among the members of the school communities.
3. In view of the absence of student-athletes from their classes in the duration of the sports competition, school administrators are directed to adopt advance or catch up academic program to compensate for the lost hours incurred, as a result of their participation in this sports activity.
4. Officials, Coaches, Trainers, Chaperons and Teachers are requested to be granted with service credit or compensatory time-off (CTO), whichever applies, for services rendered on weekends/holidays and/or extra hours rendered on weekdays but not to exceed five (5) days during the conduct of the Palaro, in compliance with the guidelines on the grant of service credits and compensatory time-off per existing policies and guidelines.



A legacy as rich as excellence!

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Website: <https://www.deped.gov.ph/region/ncr/>



5. Submission of documents is on March 20-24, 2023, while screening of documents is on March 27-31 and April 3-4, 2023 at the ESSD Technical Room, Varela Building, Quezon City.

6. Solidarity Meeting of Officiating Officials is scheduled on April 1, 2023 (Saturday), 8:00 am – 5:00 pm at San Francisco High School, Covered Court, Quezon City. Participants in the morning are Technical Officials and Officiating Officials, while all coaches will meet at 1:30 pm.

7. Validation Meeting of Technical Officials and Game Secretariat will be held on April 29, 2023, 8:00 am at the DepEd-NCR 4th floor Varela Hall, Quezon City.

8. Enclosed are the following for reference and guidance:

- Enclosure 1 NCR Palaro 2023 Technical Guidelines
- Enclosure 2 Officials of the Meet
- Enclosure 3 Officiating Officials
- Enclosure 4 Playing Venues and Schedule of Games

9. Immediate and wide dissemination of this Memorandum is desired.


WILFREDO E. GABRAL, CESO III
Regional Director

Incl. : As stated

References: None

Allotment : 1

To be indicated in the Perpetual Index
under the following subjects:

Competition
Teachers

Officials
Pupils/Students
School Sports Programs/Projects

essd/lifo/23

