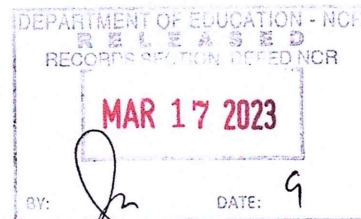




Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION



March 15, 2023

MEMORANDUM

No. 162, s. 2023

**REGIONAL ATHLETIC MEET (NCR PALARO 2023)
(SY 2022-2023)**

TO: Schools Division Superintendents
Division Leader School Principals
Public and Private Elementary and Secondary School Principals

1. The 2023 Regional Athletic Meet (NCR Palaro 2023) for SY 2022-2023 is scheduled on April 24-28, 2023 with advance games on April 15, 16 and 23, 2023 in different venues. Opening Ceremony will be held at the Marikina Sports Complex on April 22, 2023 at 2:00 pm.
2. To ensure the success of this annual sports activity, school officials, teachers, students and parents are encourage to watch the games to boost the morale of their athletes, as well as promote the love for sports among the members of the school communities.
3. In view of the absence of student-athletes from their classes in the duration of the sports competition, school administrators are directed to adopt advance or catch up academic program to compensate for the lost hours incurred, as a result of their participation in this sports activity.
4. Officials, Coaches, Trainers, Chaperons and Teachers are requested to be granted with service credit or compensatory time-off (CTO), whichever applies, for services rendered on weekends/holidays and/or extra hours rendered on weekdays but not to exceed five (5) days during the conduct of the Palaro, in compliance with the guidelines on the grant of service credits and compensatory time-off per existing policies and guidelines.



A legacy as rich as excellence!

Misamis St, Bago Bantay, Quezon City
Tel. Nos.: 920-5824; 926-2213 loc. 801
Email Address: ncr@deped.gov.ph
Website: <http://www.deped.gov.ph/regions/ncr/>



5. Submission of documents is on March 20-24, 2023, while screening of documents is on March 27-31 and April 3-4, 2023 at the ESSD Technical Room, Varela Building, Quezon City.
6. Solidarity Meeting of Officiating Officials is scheduled on April 1, 2023 (Saturday), 8:00 am – 5:00 pm at San Francisco High School, Covered Court, Quezon City. Participants in the morning are Technical Officials and Officiating Officials, while all coaches will meet at 1:30 pm.
7. Validation Meeting of Technical Officials and Game Secretariat will be held on April 29, 2023, 8:00 am at the DepEd-NCR 4th floor Varela Hall, Quezon City.
8. Enclosed are the following for reference and guidance:
 - Enclosure 1 NCR Palaro 2023 Technical Guidelines
 - Enclosure 2 Officials of the Meet
 - Enclosure 3 Officiating Officials
 - Enclosure 4 Playing Venues and Schedule of Games
9. Immediate and wide dissemination of this Memorandum is desired.


WILFREDO E. CABRAL, CESO III
Regional Director

Incl. : As stated

References: None

Allotment : 1

To be indicated in the **Perpetual Index**
under the following subjects:

**Competition
Teachers**

**Officials
Pupils/Students
School Sports Programs/Projects**

essd/lifo/23



Enclosure 1

NATIONAL CAPITAL REGION REGIONAL ATHLETIC MEET 2023 (NCR PALARO 2023)

GENERAL TECHNICAL GUIDELINES

I. INTERNATIONAL RULES AND GROUND RULES

1. The International rules and Regulations of the different sports events shall govern the conduct of the regional Palaro, however, international rules amended by the "Ground Rules" shall be adopted to suit local conditions. Ground rules supersede international rules, except for the following... equipment, playing venues, scoring and time duration as guided by the handbook of Palarong Pambansa.
2. Ground rules shall be agreed upon by the Coaches and Tournament Managers during the Solidarity Meeting. The Coaches and Tournament Managers concerned must affix their signature on the aforesaid documents and submit the same to the General Referee/Athletic Manager for approval.

II. OFFICIATING OFFICIALS

DepEd personnel shall be given priority to officiate in school sports competition, however, non-DepEd personnel may be tapped whenever necessary.

III. MODIFICATIONS IN THE CONDUCT OF 2023 PALARONG PAMBANSA UNDER THE "NEW NORMAL"

A. School Level/Competitions

1. All schools are encouraged to organize school sports clubs in adherence to the issued guidelines of DepEd, adopting mandatory sports and preferred sports based on context.
2. All organized school sports clubs must be duly recognized by their concerned Schools Division Office authority/ies.
3. Selection of athletes is through conduct of Intramurals, try-outs, inter-sports club competitions or other modalities that can ensure selection of quality athletes.
4. Qualifying standards for measurable sports are not applied at this level of competition. However, winner-take all policy shall be applied for team sports.
5. Schools are encouraged to participate in sports events in which they can compete and advance to the next level of competitions.

A. Division Meet (Provincial/City Meet)

1. All School Division Offices are enjoined to organize their Schools Division Athletic Association (SDAA) which shall be responsible for the management of Division Meets.

2. *The winner-take-all policy shall be applied in the representation of teams (school sports club) to the next level of competition for team sports.*
3. *Schools Division Offices/SDAAs have the option to adopt qualifying time, distance and score to establish standards for measurable sports.*

B. Regional Meet

1. *All Regional Offices are enjoined to organize their Regional Athletic Association (RAA) which shall be responsible for the management of Regional Meets.*
2. *The winner-take-all policy shall be applied in representation of team sports to the next level of competition. Only seven (7) team sports will be played during the Pre-National Qualifying Meet (Basketball, Baseball, Softball, Football, Futsal, Sepak Takraw and Volleyball).*
3. *Measurable sports such as athletics, swimming and archery shall adopt the qualifying time, distance and score set for Palarong Pambansa.*
4. *Other sports that do not apply qualifying standards in the selection of athletes and are not identified as team sports, shall advance directly to the National Palarong Pambansa.*
5. *Regional Offices are encouraged to formulate policies, guidelines, rules and regulations that conform to Palarong Pambansa standards. Moreover, ROs can strategize the conduct of Regional Meets on conditions that can ensure efficiency and effectiveness in the selection of athletes who shall participate for the next level of sports competition.*

C. Pre-National Qualifying Meet (New Level)

1. *The hosting of the Pre-National Qualifying Meets shall depend on the Palarong Pambansa Regional Hosting Cycle (Luzon-Visayas-Luzon-Mindanao). This meet shall be hosted by the region where the Paloro host-LGU belongs.*
2. *The team sports (Basketball, Baseball, Softball, Football, Futsal, Sepaktakraw and Volleyball) in the Pre-National Qualifying Meet shall be clustered based on Top 4 Palarong Pambansa 2019 ranking of regions by events. Drawing of lots for the remaining slots in each pool shall be applied.*
3. *When RAAs/SDAAs opted not to send their delegation and there shall only be eight or lesser delegation/s available, the said delegation/s shall automatically qualify for the Palarong Pambansa.*

III. NUMBER OF COACH

For NCR PALARO 2023 only, the following team events whose number of athletes are ten (10) and above may have One (1) Assistant Coach aside from the required number of coach, however, assigning Assistant Coach is the prerogative of the Division. The total coaching staff will only be two (2):

- Athletics (Elementary and Secondary Boys and Girls)
- Badminton (Elementary and Secondary Boys and Girls)
- Basketball (Elementary Boys and Secondary Boys and Girls)
- Baseball (Elementary and Secondary Boys)
- Boxing (Secondary)
- Football (Elementary and Secondary Boys)
- Sepak Takraw (Secondary Boys)
- Softball (Elementary and Secondary Girls)
- Taekwondo (Elementary and Secondary Boys and Girls)
- Volleyball (elementary and Secondary Boys and Girls)
- Wrestling (Secondary Boys)

IV. "NO COACH, NO PLAY" POLICY

1. The policy of "NO COACH, NO PLAY" shall be applied in the direction of the Palaro.
2. In cases of non-appearance of the coach the rulings below should be observed /followed:
 - 2.1 The reason for non-appearance of the coach should be justifiable.
 - 2.2 The coach should immediately inform his/her Division Sports Officer (DSO) and the Tournament Manager (TM) the reason of non-appearance during that particular event so that an immediate replacement can be done. This is not to jeopardize the play of the athletes in that particular event.
 - 2.3 Both DSO and TM should agree to the replacement.
 - 2.4 The substitute coach should have served during the respective division meet/palaro.
3. Request for replacement may be done in the following manner:
 - 3.1 Through writing/text message/phone call a day before or within one (1) hour before the start of that particular game.
 - 3.2 The ESSD/RSO must be informed regarding the said request for replacement.
4. The request for replacement of coach shall only be applied to those team with one (1) coach only.
5. The team as mentioned in ITEM NO. 3 cannot anymore ask for replacement in cases both coaches did not appear in that particular game.

6. Non-appearance of both coaches during the game will mean forfeiture of the game in favour of the opponent.

V. DEFAULTING TIME AND FORFEITURE

1. Defaulting time is fifteen (15) minutes.
2. However, only the first scheduled game of the first day of the competition be given thirty (30) minutes defaulting time to give the team/athletes/coaches time to adjust to the proximity of the venue from their point of departure.
3. In the succeeding scheduled games from the first day up to the last day of the competition, the fifteen (15) minutes defaulting time as stated in the ground rules shall be applied.
4. **ONLY** the Tournament Manager has the right to declare a game won by default or forfeiture.

VI. CODE OF CONDUCT AND PROTEST

1. Officials and coaches who fail to observe the code of conduct and proper decorum shall be dealt with accordingly.
2. All unsportsmanlike conduct of coaches/chaperons/trainers and athletes are ground for suspension. Furthermore, supporters (teammates, classmates, teachers, friends, parents, etc.) of the team concerned who are unruly during the games will be the responsibility of the coach/division officials of that particular team in sending them out of the playing area with the assistance of the peace and order officers (policemen, barangay officials/security guard, etc.) present during the games.
3. Protest on technicalities arising from the games shall be resolved in the following manners:
 - 3.1 **ONLY THE OFFICIAL COACH** of the team has the right to file a protest.
 - 3.2 The Tournament Manager concerned is empowered to conduct an on the spot investigation and decide immediately on any protest.
 - 3.3 If the protesting coach is not satisfied with the decision of the tournament manager, a formal protest, signed by the coach and the Division Sports Officer concerned and noted by the head of the delegation maybe filed with the Jury of Appeal not later than 12 hours after the incident. The decision of the Jury of Appeal is final.
 - 3.4 When the violation on eligibility rules is proven in team competitions, the games in which the individual has taken part shall be declared forfeited in favour of the opposing team. The individual performance in case of the individual events, shall be nullified.

VIII. DECLARATION OF THE OVERALL CHAMPION

1. The Olympic Medal count system will be used in declaring the Overall Champion.
2. The Division garnering the most number of gold medals shall be declared team champion in their respective level. In case of tie, the silver medals will be the basis and if there is still a tie, the bronze medal will break the tie. If the tie still exists, there will be two (2) champions.
3. In determining the overall champion, the total number of gold medals in the regular events in the elementary and secondary shall be added.
4. In Special Events (PARA games) the overall champion, 1st runner-up and 2nd runner-up shall be based on the number of gold medals garnered. In case of tie, the silver medals will be the basis and if there is still a tie, the bronze medals will break the tie. If the tie still exists, there will be two (2) champions.

IX. AWARDING OF MEDALS, TROPHIES AND CERTIFICATES OF RECOGNITION AND PARTICIPATION

1. The Tournament Managers of the different sports events may conduct their respective awarding ceremonies at their respective venues. The first to fifth (1st to 5th) placers in the overall ranking in the elementary and secondary divisions will be awarded trophies during the closing ceremonies. Likewise, trophies will also be awarded to the most bemedalled athletes in the following events:
 - Archery - Secondary Boys and Girls
 - Arnis - Secondary Boys and Girls
 - Athletics - Elementary and Secondary Boys and Girls
 - Swimming - Elementary and Secondary Boys and Girls
 - Gymnastics - Elementary and Secondary Boys and Girls
2. Special performance of athletes in the different sports events shall be given due recognition through the issuance of Certificate of Recognition. These awards will be given during the awards ceremonies of every sports event in their respective venues.
 - Arnis (Elementary Boys and Girls)
 - MVP
 - Best in Anyo
 - Badminton (Elementary and Secondary Boys and Girls)
 - MVP
 - Basketball (Elementary Boys and Secondary Boys and Girls)
 - MVP
 - Best 3-Point shot Artist
 - Mythical Five

- Best Power Forward
 - Best Small Forward
 - Best Point Guard
 - Best Off Guard
 - Best Center
- Baseball (Elementary and Secondary Boys and Girls)
 - MVP
 - Best Pitcher
 - Best Defensive Player
 - Best Catcher
 - Best Stolen Base
 - Homerun King
 - Best Run Batted-in (RBI)
- Chess (Elementary and Secondary Boys and Girls)
 - Top Player (Individual)
 - 2nd Top Player (Individual)
- Football (Elementary and Secondary Boys)
 - MVP
 - Best Goal Keeper
 - Best Striker
 - Best Defensive Player
- Futsal (Elementary (Public School only) and Secondary Girls)
 - MVP
 - Best Goal Keeper
 - Best Striker
 - Best Defensive Player
- Sepak Takraw Jr. (Elementary Boys)
- Sepak Takraw (Secondary Boys and Girls)
 - MVP
 - Best Setter
 - Best Spiker
 - Best Tekong
- Softball (Elementary and Secondary Girls)
 - MVP
 - Best Pitcher
 - Best Defensive Player
 - Best Catcher
 - Best Stolen Base
 - Homerun Queen
 - Best Run Batted-In (RBI)

- Table Tennis (Elementary and Secondary Boys and Girls)
 - MVP
- Taekwondo
 - MVP
 - Best in Poomsae
- Tennis (Elementary and Secondary Boys and Girls)
 - MVP
- Volleyball (Elementary and Secondary Boys and Girls)
 - MVP
 - Best Setter
 - Best Opposite Hitter
 - Best Middle Blocker 1
 - Best Middle Blocker 2
 - Best Outside Hitter 1
 - Best Outside Hitter 2
 - Best Libero

3. Certificate of Participation/Recognition will be given to the coaches, chaperons, trainers, officiating officials, working committee and the management.

X. SELECTION OF ATHLETES AND COACHES

1. Selection of Athletes

Based on the Palarong Pambansa 2023 plans the selection of athletes for the next level of competition (Palarong Pambansa) of the following sport events shall be done in this manner:

- Athletics and Swimming - meet the standard rule/time set by the Palarong Pambansa Management:
- Archery - meet the standard rule set
- Team Sports – Winning Team (no selection)
Basketball, Baseball, Football, Futsal, Sepak Takraw, Softball, Volleyball

2. In the selection of athletes to compose the NCR delegation to the Palarong Pambansa, the Regional Office will designate a five-man team to compose the Selection Committee, namely;

- ESSD Chief / RSO
- Winning Coach
- Tournament Manager
- Officiating Officials (2) who have witnessed the performance of the athletes

3. The Selection Committee headed by the ESSD Chief /RSO has the right to replace selected players who will not be able to join/play in the Palarong Pambansa for whatever reason/s that prevented them from joining.

4. If the 1st, 2nd, 3rd and placers athletes/team/coaches is not available for Palarong Pambansa, the selection Committee headed by the ESSD Chief/RSO shall have the authority to appoint the replacement.
5. In case the selected players and coach/es will not be able to join the Palarong Pambansa he/she shall write a letter of *explanation*. The letter should be signed by the parents of the athletes and the coach, the Division Sports Officers (DSO) and noted by the Schools Division Superintendent concerned.
6. Composition of the Athletes

6.1 The number of players as specified below shall come from the champion team. There will be no selection.

Event	Number of Players
Basketball	12
Football	18
Baseball	12
Softball	12
Volleyball	12
Sepak Takraw	12

6.2 Racket games (Badminton, Table Tennis, Tennis)

- 6.2.1 The first (1st) and second (2nd) placers in the Singles event and the first (1st) placer in Doubles are automatically selected to play in the next level of competition (Palarong Pambansa)
- 6.2.2 The first (1st) and second (2nd) placers in the Singles event will play in singles category while the first placers in doubles event will play doubles category.
- 6.2.3 Should anyone of the selected players in the singles become indisposed or for any reason becomes unavailable, the next in rank, the 3rd placer shall replace the player affected.
- 6.2.4 If one of the champion players in Doubles will not be able to play, the replacement shall be taken from one of the second place winner in the doubles. Play-off between the 2nd placer athletes will be conducted as to determine the best between them.
- 6.2.5 Further replacement in the team composition (Singles and Doubles) shall be determined by the Palaro Management and the Selection Committee.

6.2.5 If when the Palarong Pambansa Rule for Racket Games is to send two athletes only. The four athletes shall play Singles using the double elimination and the top 2 athletes shall represent the region for the Palarong Pambansa.

6.3 Individual Games

- Billiard : top winner in 8 balls and 9 balls
- Dance Sports : top couples in Standard and Latin dances
- Chess : the individual standing of the athletes (Top Two players)
- Gymnastics : Individual All-Around standing (IAA)
- Taekwondo : Individual results
- Boxing : Individual champion
- Arnis : Individual standing in the different weight categories for the secondary level and team champion for the elementary level
- Wrestling : Individual Champion
- Wushu : Individual Champion
- Pencak Silat : Individual Champion
- Aero Gymnastics : Individual Champion

6.4 Selection of Coaches

6.4.1 The management shall have the authority to appoint a replacement in case of unavailability of winning coaches for the next level of competition (Palarong Pambansa).

- Team Sports
 - Coach of the Champion team
- Racket Games
 - The coach of the top winning Singles player shall be the designated coach. -
 - In case the designated coach will not be available said coach will be replaced by the second top winning Singles coach.

Individual Games

The selection of the coach on the following events will be as follows:

- Archery : Overall Champion
- Arnis : Overall Champion
- Athletics : Overall Champion
- Billiard : Top Individual
- Boxing : Overall Champion
- Chess : Top Individual Player
- Dance Sports : Top in Standard and Latin Dances

- Gymnastics : Champion of IAA
- Swimming : Highest number of medals garnered by the team
- Taekwondo : Overall Champion
- Wrestling : Overall Champion
- Wushu : Overall Champion
- Pencak Silat : Overall Champion

6.4.2 In case that the overall champion does not have player in the team, the coach concerned will be replaced by the 2nd rank coach with a player. If in case the 2nd rank coach still does not have player in the team, the Paloro Management shall appoint a replacement.

XI. REPORTS ON THE CONDUCT OF REGIONAL ATHLETIC MEET

For a smooth and orderly conduct of the Regional Paloro coordination among the members of the different committees are necessary. Hence, all prepared reports are to be submitted to the designated committee. The final overall reports will be submitted to the Regional Director by the ESSD Chief. The following are tasked to prepare and submit the necessary reports needed:

1. Tournament Manager
 - Submits the day-to-day results of the games to the Records Committee.
 - Prepares narrative report on the conduct of their respective sports event to submitted to the Secretariat Committee.
 - Disseminate evaluation sheets to be answered by the officiating officials, coaches and players and to be submitted to the Evaluation Committee.
 - Tournament Managers and/or assistant tournament managers and at least two witnesses are advised to utilize the attached Incident Report template to document and record details of an incident, injury, security incident, any other unforeseen event and/or behavior from unauthorized individuals relative to non-adherence to Regional Meet 2023 General Technical Rules and Guidelines and agreed ground rules that may occur at the playing venue during the games.
2. Evaluation Committee
 - Formulate evaluation checklist and form to be distributed to the Tournament Managers.
 - Prepares the report based on the results of the evaluation to be submitted to the Secretariat Committee / Office of the ESSD Chief.
3. Technical and Documentation Committee
 - Sees to the coverage of all the games and other significant events (pictures and video)
 - Submits complete files to the Office of the ESSD Chief.
 - Assists / Coordinates with the Records Committee in preparing the Technical Forms

4. Secretariat (Members of the RSAC)

- Collects all the reports and results of the Palaro
- Prepares the overall regional report on the proceedings of the Regional Meet and other significant events that happened including the action taken/recommendations for future reference.
- Submits reports to the Office of the ESSD Chief to be submitted to the Regional Director.

5. Records/Game Results Committee

- Analyses the results of the game
- Records the day-to-day results of the games
- Finalizes the official results of all sports events by events/division/regional
- Documents all records of the results of the games
- Submits the records to the Office of the ESSD Chief.

XII. PALARO REFERENCES

The following are references relative to the holding of the Regional Palaro

1. Palarong Pambansa 2018
2. Regional Athletic Meet Technical Guidelines 2018
3. DepEd Implementing Guidelines of the 2023 Modified Palarong Pambansa Competitions
4. Modifications in the Conduct of the 2023 Palarong Pambansa under the "New Normal"

Enclosure No. 2

**NCR PALARO 2023
April 24-28, 2023**

OFFICIALS OF THE MEET

- | | |
|--|---|
| 1. Regional Director
Asst. Regional Director | Wilfredo E. Cabral
Rita E. Riddle |
| 2. General Referee | Crisanto A. Ecija |
| 3. Asst. General Referee | Perlito G. Manalad |
| 4. Athletic Managers | Joan R. Pedroche
Gina L. Cruz |
| 5. Regional Technical Officials
Chair
Co-chairs:

Members:
Caloocan
Las Piñas
Makati
Malabon
Mandaluyong
Manila
Marikina
Muntinlupa
Navotas
Paranaque
Pasay
Pasig
Quezon City
San Juan
Taguig-Pateros

Valenzuela | Crisanto A. Ecija
Joan R. Pedroche
Perlito G. Manalad

Ariel P. Villar
Fatima T. Yusingbo
Lawrence Jay Sedilla
Lynnette O. Cipriano
Rex A. Ado
Joel L. Dionicio
Alberto D. Villamor
Edison C. Enerlas
Ernifer O. Cosmiano
Glenn O. Ducta
Pedro D. Gloriani
Victor M. Javeña
Arnel M. Peralta
Roy Dan R. Pido
Shoji G. Gerona
Rodel C. Magsino
Salvador A. Gaban Jr. |
| 6. Jury of Appeals
Chair
Co-Chair
Members: | Atty. Annaliza G. Ezperansa
Crisanto A. Ecija
Atty. Maria Hannah Perez
Joan R. Pedroche
Perlito G. Manalad
Jocelyn V. Marcial (Retired Chief) |
| 7. Regional Screening and Accreditation Committee (RSAC)
Consultant

Chair
Co-Chairs | Crisanto A. Ecija
Joan R. Pedroche

Lawrence Jay Sedilla
Annaliza G. Ezperansa
Lynnette Cipriano
Ariel P. Villar
Arnel Peralta
Philip Austria |

Members:

Schools Division

Manila
Caloocan
Quezon City
Las Piñas
Malabon
Mandaluyong
Makati
Marikina
Muntinlupa
Navotas
Parañaque
Pasay
Pasig
Taguig/Pateros
San Juan
Valenzuela

RSAC

Eleazar Quiambao
Paulus Andrew T. Manalo
Reymundo R. Valdez
Crisaida Cristobal
Jose R. Pidlaoan
Theresa Gamboa
Ma. Cristina Bautista
Maria Christina L. Cantalejo
Eduardo L. Kondo
Rafael Felices
Alma Rafal
Maricel Halos
Rose Ann B. Pamintuan
Rolyn Navarro
Harry C. Bajo
Jerald Anthony Lazaro

8. Regional Recorders

Chair
Co-chair
Members:

Meradel A. Nieves
Lorelie B. Ramos
Wilma Ramos
Rosemarie D. Osuna
Christy U. Purisima
Priscilla Genato
Roi Watanabe
Joyce Reyes
Rudylyn Esmeralda
Dawn Angeles
Sherwin Alab-ab

9. Medical Team

Chair:
Co-chair:
Members:

Connie Gepanayao, MD	SHNU
Merlino Mateo, DMD	SHNU
Joseph Christopher De Guzman	SHNU
Jose Trinidad II, MD	Quezon City
Rouel Albea DMD	Quezon City
Joy Geronimo	Caloocan
Karen Belagan, RN	Quezon City
Alma Vergara, RN	Valenzuela
Michael Norbert de Guzman	Quezon City
Michelle Abraham	Makati
Basilio Cabaug, RN	Valenzuela
Christian Baluyot	Malabon
Angelina Lim	Manila
Aaron Omana	Pasig

NCR PALARO 2023 MANAGEMENT COMMITTEE

Chairman : **Mr. Wilfredo E. Cabral** **Regional Director**

Co-chair : **Dr. Rita E. Riddle** **OIC, Asst. Regional Director**

Members :

Dr. Crisanto A. Ecija	ESSD	Ms. Joan R. Pedroche	ESSD
Dr. Jennifer F. Vivas	CLMD	Mr. Perlito G. Manalad	ESSD
Dr. Angelita P. Cornejo	QAD	Engr. Epifanio Macaraeg Jr.	ESSD
Dr. Warren A. Ramos	PPRD	Dr. Gina L. Cruz	ESSD
Mrs. Juliet J. Icamen	Finance		
Atty. Joylyn P. Dulnuan	ASD		
Dr. Roger A. Morillos	FTAD		
Dr. Hadji R. Palmero	HRDD		
Atty. Annaliza Esperanza	Legal		

TECHNICAL WORKING GROUP

EVENTS MANAGEMENT

Chair:	Ms. Joan R. Pedroche	PDO IV	ESSD
Co-chairs:	Mr. Aaron A. Tolentino	SEPS	Manila
	Mr. Maximino Santos Jr.	SEPS	Paranaque
Members: Program, Invitation, Reception, Audio/Visual, Physical Arrangements, Events M & E	Dr. Gina L. Cruz	SEPS	ESSD
	Mr. Paulus Andrew Manalo	EPS II	Caloocan
	Mr. Sylwyn Tenorio	SEPS	Pasay
	Mr. Raygeinald P. Villacorta	SEPS	Las Pinas
	Mr. Reynante A. Profillano	EPS II	Las Pinas
	Mr. John Christoper Daquioag	EPS II	Makati
	Ms. Paulyne Joanne R. Pascual	SEPS	Manila
	Ms. Maria Chona M. Sarmiento	SEPS	Marikina
	Ms. Rochelle A. Jimenez	SEPS	Muntinlupa
	Mr. Edmond B. Obrar	PDO I	Paranaque
	Mr. Sylwyn Tenorio	SEPS	Pasay
	Mr. Leonard A. Laureta	EPS II	Pasay
	Ms. Roseann B. Pamintuan	SEPS	Pasig
	Ms. Maria Chona M. Sarmiento	SEPS	Marikina
Ms. Desiree M. Adrigado	EPS II	TaPat	
Mr. Jan Lemer M. Lindayag	EPS II	Valenzuela	

STAGE DECORATION

Chair:	Dr. James Roldan	EPS	CLMD
Members:	Mr. Jeffrey V. Naol	Teacher	Malabon
	Mr. Ismael B. Santiago	Teacher	Malabon
	Dr. Jeffrey Carlos	Head Teacher	Malabon
	Mr. Virgilio Cestina Jr.	Head Teacher	Pasig
	Mr. Eduardo E. Ronsairo	Teacher	Pasig
	Mr. Sherwin Co	Teacher	Pasig

CULTURAL PRESENTATION

Chair:	Mrs. Marita Aquino	EPS	CLMD
Co-chair:	Dr. Rhea B. Eden	EPS	HRDD
Members:	Ms. Leah Ailah Vicencio	EPS II	HRDD
	Ms. Jovita Consorcia Mani	EPS	Marikina
	Ms. Donaliza Dungan	T III	Navotas
	Ms. Carla Corpuz	MT	Malabon
	Ms. Marie Ann Yamalla	T III	Marikina

MEDICAL TEAM (For the Opening/Closing Ceremony)

Chair:	Connie Gepanayao, MD	MO IV	SHNU
Co-chair:	Merlino Mateo, DMD	Dentist	SHNU
Members:	Joseph Christopher De Guzman	Nurse	SHNU
	Jose Trinidad II, MD	Doctor	Quezon City
	Rouel Albea DMD	Doctor	Quezon City
	Joy Geronimo	Nurse	Caloocan

MARSHALLS – SAFETY AND SECURITY

Chair:	Mr. Hadji Tejada	Principal	SDO Marikina
Co-chair:	Mr. Prime Quintana III	PDO II	SDO Marikina
Members:	Mr. Garvie Medina	SDRRM Coor	Fortune HS
	Mr. Feorelle Sison	SDRRM Coor	Parang HS
	Mr. Jonathan Enate	SDRRM Coor	Kap. Moy ES
	Mr. Rizalito Ordonez	SDRRM Coor	Sta Elene HS
	Mr. Sherwin Del Rosario	SDRRM Coor	Sto Nino NHS
	Mr. Frederic Dacut	SDRRM Coor	J. Dela Pena NHS
	Mr. Rogerson Pulido	SDRRM Coor	Malanday NHS
	Mr. Carlo dela Crus	SDRRM Coor	Marikina Sci. HS
	Mr. Jecris Cajipe	SDRRM Coor	San Roque NHS
	Mr. Armando Ponce Jr.	SDRRM Coor	Nangka HS

LOGISTICS

Chair:	Mr. Tereso L. Ubungin	AO-V	AMU
Co-chair:	Mr. Rommel Villareal	AO-IV	GSU
Members:-	Mr. Ronnie Del Mundo	Driver	GSU
	Mr. Guillermo Almero	Driver	GSU
	Mr. Arthur Milan	Driver	GSU
	Mr. Marlon Sulit	Driver	GSU
	Mr. Wilson Manio	Driver	GSU

FOOD (Opening and Closing)

Chair:	Mrs. Naynie Ducut	AO-V	Cash Unit
Co-chair:	Mrs. Precious Villareal	AO-V	Records Unit
Members:	Mrs. Isabel Caburnay	ADS I	Records Unit
	Ms. Jessica Magbitang	TE	Personnel Unit
	Mr. Eduardo Lazo	ADAS I	ESSD
	Mr. Ricardo Matan	ADA I	NEAP
	Ms. Melody N. Jolo	ADA VI	NCR

DOCUMENTATION

Chair:	Ms. Germa Constantino	AO V	PAU
Co-chair:	Mr. Alnemery Gangco	PDO II	PAI
Members:	Mr. Eduardo Abutal	ADAS V	PAU
	Mrs. Gina Galvez	C-Prog II	ICT
	Mr. Ruzko Angelo Festejo	Draftsman	ESSD
	Mr. Demosthenes Soriano	MT	Pasig

FINANCE

Chair:	Mrs. Juliet J. Icamen	Chief	Finance
Co-chair:	Mr. Joey San Buenaventura	SAO	Finance
Members:	Ms. Kim S. Arma	Acct. III	Finance
	Mrs. Raquel L. Santos	AO IV	Finance

Enclosure 3

NCR PALARO 2023
LIST OF OFFICIATING OFFICIALS

I. ARCHERY

Tournament Manager	NESTOR BULOSAN	Caloocan
Asst. Tournament Managers	Domiely Banaga	Caloocan
	Dennis Torre	Pasig
Umpires/Recorders/Judges	Ruel Cabatu	Caloocan
	Joey Albert Cambel	Caloocan
	Bernard Sanchez	Caloocan
	Leonard Tumanio	Caloocan
	Jerejido Junnel Mortel	Caloocan
	Allan Francisco	Caloocan
	Lorena Sayo	Las Piñas
	Elizabeth Akilit	Malabon
	Rodolfo Dionisio	Manila
	Raymond John de Jesus	Manila
	Fe Empaynado	Manila
	Jofre Tuliao	Marikina
	Joel Jimenez	Navotas
	Georly Terrenal	Navotas
	Mark Maquiling	Pasig
	Rubilee Mabazza	Pasig
	Richard Tomento	Pasay
	Rosemarie Luartes	Pasig
	Madelyn Urquiola	Pasig
	Richard Butac	Quezon City
Enriqueta Buenaventura	Quezon City	

II. ARNIS

Tournament Manager	ARIEL VILLAR	Caloocan
Asst. Tournament Managers:	Hadji Tejada	Marikina
	Alain Sejane	Makati
Referees/Judges/Recorders	Daniel Tameta	Caloocan
	Rafaelito Nipa	Caloocan
	Reslie Lineses	Caloocan
	Lourdes Reyes	Makati
	Marizze Mae Morit	Malabon
	Jonathan Mejarito	Mandaluyong
	Leo Abriol	Mandaluyong
	Reynan Logatoc	Manila
	Eveonie Bacarro	Manila
	Glyza M. Vertucio	Manila
	Jomar Basijan	Marikina
	Manolo O. Borromeo	Marikina
	Marcy dita Gulfan	Muntinlupa
	Juanita Paje	Muntinlupa
	Francisca Roquero	Muntinlupa
	Liezl Joy Valdez	Navotas
	Mario Navarro	Paranaque
	Jeremie dela Cruz	Pasig
	Marlito Sison	Pasig
	Rene Masbate	Quezon City
	Rey John Simbulan	Quezon City
	Kate P. Enriquez	San Juan
	Loumar Udtohan	TaPat
	Rose Marie L. Fostanes	Valenzuela

III. ATHLETICS

Tournament Manager	RODEL C. MAGSINO	TaPat
Asst. Tournament Managers:	Allan C. Aguilar	Caloocan
	Narciso Dasigan	Manila
Announcer	Louella Maricar Cheng	Manila
Throwing /Track Event: Umpires/ Lane Judges/Field Event/Table Officials/ Timekeeper/Starter/ Asst. Starter Marksman	Jose William Ortiz	Caloocan
	Salvador Domocmat	Caloocan
	John Henry Cueva	Caloocan
	Rodolfo Magdamit	Las Piñas
	Adonis Miras	Las Piñas
	Katrina Marie Tallo	Makati
	Kevin Bunagan	Makati
	Myleen De Gracia	Makati
	Romaldo Gamilla	Makati
	Beverly Gabriola	Makati
	Adelaida Jaylo	Malabon
	Portivilla Bulfa	Malabon
	Marilou Robles	Malabon
	Arnel Vega	Malabon
	Randy Tilbe	Mandaluyong
	Robin Dangaran	Mandaluyong
	Arnold Abad	Mandaluyong
	Marvin Lontoc	Mandaluyong
	Evelyn dela Torre	Manila
	John Candelaria	Manila
	Ligaya Arandia	Manila
	Aubrey Ann Patdu	Manila
	Charish Graycochea	Manila
	Eleazar Joseph Cena	Marikina
	Cesar Dadal	Marikina
	Michael Erpe	Marikina
	Mark Arabit	Marikina
	Erwin Suan	Marikina
	Warren Macatubal	Muntinlupa
	Lourdes Cerujado	Muntinlupa
	Raffy Lanza	Navotas
	Lourvie Nabuab	Navotas
	Gilbert Balili	Navotas
	Aludia Bisaya	Paranaque
	Marissa Abejar	Paranaque
	Joel Vicente	Paranaque
	Ireneo Macaspag	Pasay
	Annie Flor Fagilagmago	Pasay
	Luzviminda Agpoon	Pasay
	Ethel Donesa	Pasay
	Gelyn Espelimbergo	Pasay
	Vilma Valdez	Quezon City
Israel Ilustre	Quezon City	
Antonio Chee	Quezon City	
Marichu Lopez	San Juan	
Maria Rizza Lou S. Montes	San Juan	
Analyn Corpuz	TaPat	
Richelle Grospe	TaPat	
Angelita Casaway	TaPat	
Juan Basco	TaPat	
Richard Leysa	TaPat	
Claribel Roldan	TaPat	

	Raulnilo Manatad	Valenzuela
	Genaro Viray	Valenzuela
	Romeo Torio	Valenzuela
	Cristina Guzman	Valenzuela
	Ariel Villanueva	Nat'l Technical Official
	Benjamin Jumangit	Nat'l Technical Official
	Manny Villanueva	Nat'l Technical Official
	Ruben Ferrer	Nat'l Technical Official
	Jobell Peralta	Nat'l Technical Official
	Antonio Flores	Nat'l Technical Official

IV. BADMINTON

Tournament Manager	ROY DAN R. PIDO	San Juan
Asst. Tournament Managers:	Rolando Selga	Quezon City
	Daniilo Yumang	Valenzuela
	Venerando Espiritu	Quezon City
Umpires/Linesmen/Judges/ Table Officials	Alan Alindogan	Caloocan
	Roman Padilla	Caloocan
	Georgen Agbay	Las Piñas
	Gilbert Cerezo	Las Piñas
	Pearl Joy Itucas	Makati
	Guillermo Pedrosa	Makati
	Ma. Lenie Navarro	Makati
	Rhodora Amar	Malabon
	Christian John Bandino	Malabon
	Teresa Carranza	Mandaluyong
	Gary Opalec	Mandaluyong
	Eunica Basillo	Manila
	Anedith Magbanua	Manila
	Karl Malabanan	Manila
	Maricel Perez	Manila
	Tito Lampaya	Manila
	Norton Papasin	Manila
	Ricky Espinosa	Marikina
	Robert Garmier	Marikina
	Stanley Manaog	Marikina
	Almario Quesad	Muntinlupa
	Gary Oliver Zambrano	Muntinlupa
	Emerlita Forteo	Navotas
	Anrilo Ruiz	Navotas
	Mayona Tanao-Tanao	Paranaque
	Joseph Rodriguez	Paranaque
	Ralph Apostol	Paranaque
	Ricky Tagarao	Pasay
	Jessie Sigua	Pasay
	Dennis Orense	Pasay
	Teodulo Banag	Pasay
	Maribel Cruz	Pasig
	Christian Cunanan	Pasig
Elmer Ariarte	Quezon City	
Ma. Sagario Simangan	Quezon City	
Jerry Lazaro	San Juan	
Ofelia Marasigan	San Juan	
Zoren Aguilar	Taguig-Pateros	
Philip Ramos	Taguig-Pateros	
Erwin Domingo	Taguig-Pateros	
Ronnel Villapando	Valenzuela	

Badminton	Franciso Fronda	Valenzuela
	Dian Ruth Garcia	Valenzuela
	Triscilla Kate Dimaunahan	Valenzuela
	Ronald Capili	Valenzuela

V. BASKETBALL

Tournament Manager	ARNEL PERALTA	Quezon City
Asst. Tournament Managers:	Robert Pelijates	Manila
	Ferdinand Joseph Fabia	Quezon City
	Confessor Gazzigan	Quezon City
	Reynaldo Gariando	Quezon City
Referees/Scorers/ Table Officials	Melchor Bueno	Caloocan
	Reynaldo Gariando	Caloocan
	John Labadan	Las Pinas
	Johnny Picache	Makati
	Julius De Guzman	Makati
	Ronald Bautista	Malabon
	Joemar Capulot	Malabon
	Orlando Serrano	Mandaluyong
	Manolito Meneses	Mandaluyong
	Jesus Vega	Mandaluyong
	Jay T. Inocencio	Mandaluyong
	Dave Inocencio	Mandaluyong
	Gabriel T. Supang	Mandaluyong
	Mark Anthony Lozada	Manila
Referees/Scorers/ Table Officials	Ariel dela Cruz	Manila
	Rayvern Golfo	Manila
	Arnold Renoballes	Manila
	Ricardo Lumbré	Manila
	John Erick Gonzales	Manila
	Joey Paccarangan	Marikina
	Carlos Manzo	Marikina
	Roldan Bastoang	Muntinlupa
	Jessie Dela Cuesta	Muntinlupa
	Jonald Mabasa	Muntinlupa
	Napoleon Laureta	Paranaque
	Marichu Bacaro	Paranaque
	Erwin Macarandang	Pasay
	Janeth Agati	Pasay
	Lawrence Puno	Pasay
	Richierey C. Cruz	Pasig
	Arvin Jay M. Punzalan	Pasig
	Liza Prada	Pasig
	Marivic Lising	Pasig
	Van Dexter See	Pasig
	Abner Catungal	Quezon City
	Jeff Lunar	Quezon City
	Michael Tabuzo	Quezon City
	Paulino V. Balajadia	Quezon City
	Angelico Araja	Quezon City
	Eloisa Oliveros	Quezon City
Leonard Tutor	San Juan	
Antonio Dionisio	Taguig-Pateros	
Danilo Carpio	Taguig-Pateros	
Jose Noel Robles	Valenzuela	

	Joey Pacia	Valenzuela
	Enrique Llabres	Valenzuela
	Gilbert Quilbio	Valenzuela

VI. BASEBALL

Tournament Manager	SHOJI G. GERONA	TaPat
Asst. Tournament Managers	Salvador Junio	TaPat
	Albert Ian Casuga	Makati
Umpire/Scorer	Mary Rose Sanchez	Caloocan
	Magdalena Lucas	Malabon
	John Arnel Pascual	Manila
	Venchito Genio	Manila
	Alicia Borja	Manila
	Victor Gocoyo	Manila
	Emiliano Beso	Manila
	Sherwin Gonzales	Marikina
	Manuel Franco	Marikina
	Ferdinand Santos	Marikina
	Jayson Aala	Muntinlupa
	Christine Sino	Pasig
	Anthony Quinilayo	Pasig
	Joyce Payonggayong	Pasig
	Darwin del Torre	Quezon City
	Geovil Manzano	Quezon City
	Tessie dela Cruz	Quezon City
	Rolando Galvan	Quezon City
	Ellodora Tababa	Quezon City
	Antonio Lara	Quezon City
Rodel Rivera	TaPat	
Danny Bueno	TaPat	
Felixberto Puda	Valenzuela	

VII. BILLARDS

Tournament Manager	GLENN O. DUCTA	Paranaque
Asst. Tournament Managers:	George Q. Galano	Parañaque
	Paul Aguilar	Muntinlupa
Officials	Mark Dave Soriano	Caloocan
	Joel B. Magayaga	Caloocan
	Rommel Vivar	Makati
	Grace T. Villanueva	Mandaluyong
	Jose Enrico Villanueva	Mandaluyong
	Kenneth Cunanan	Malabon
	Benedick Villarino	Malabon
	Radec Joy De Paz	Marikina
	Erwin Sales	Muntinlupa
	Albert Batario	Muntinlupa
	Ronald Galasinao	Parañaque
	Ma. Lourdes Reyes	Paranaque
	Rolly Dela Cruz	Pasig
	Redempto Esmeralda	Pasig
	Maximo Ramos	Quezon City
	John Kevin Pangilinan	Manila

VIII. BOXING

Tournament Manager	MAXIMO ABALOS	Caloocan
Asst. Tournament Manager	Maria Christine Grace Abalos	Caloocan
Referees/Judges/Recorders	Billy Famero	ABAP
	Jerry Macaranas	ABAP
	Brando Rea	ABAP
	Rolando Jose	ABAP
	Rolando Rivera	ABAP
	Jerry Macaranas	ABAP
	Richard Santiago	Caloocan
Glove Inspector	Aloner Obenia	Makati
	Joseph Bonganay	Malabon
	Cecilio Seco Siena	Quezon City
	Lanlie Jose	Paranaque
Glove Inspector	Juanito Paredes Jr.	Pasig
	Hector Amaro	Quezon City
	Gloria Tolentino	TaPat
	Alfonso Barte	Valenzuela

IX. CHESS

Tournament Manager	FATIMA YUSINGBO	Las Piñas
Asst. Tournament Managers:	Edwin Ayaton	Valenzuela
	Marvin Victorio	Malabon
	Clay Balgua	Marikina
Arbiter/Recorders/	Marlon Tinia	Caloocan
Stewards	Ramil Paringit	Las Pinas
	Grace Ambag Adoyogan	Las Pinas
	Israel Landicho	Las Pinas
	Fernan Placino	Makati
	Florido Enclona	Makati
	Edwin Andrade	Malabon
	Mervin Diaz	Mandaluyong
	Carla Paragas	Mandaluyong
	Lester Salman Dahman	Mandaluyong
	Abner Gueco	Manila
	Junrel Abong	Manila
	Michael dela Cruz	Muntinlupa
	Alfredo Ambrosio	Muntinlupa
	Mark Sedrick Natalio	Navotas
	Sally Sharon Madriaga	Paranaque
	Rogelio Pasion	Paranaque
	Alex Burac	Pasig
	Bernard Natividad	Pasig
	Jesus Hebreo	Pasay
	Michael M. Mallari	Quezon City
	Gail Marie Otida	Quezon City
	Jimmy Bacalbos	Quezon City
	Ronaldo Velasco	TaPat
	Hubert Estrella	TaPat
	Rodulfo del Rosario	TaPat
	Editha Lomibao	TaPat
	Rogelio Santos	Valenzuela
	Edgardo Campos	Valenzuela
	Gerardo P. Ferreras	Valenzuela

X. DANCESPORT

Tournament Manager	LAWRENCE JAY SEDILLA	Makati
Asst. Tournament Manager:	Rosalie dela Cruz	Makati
Adjudicators:	Lowell Basa Tan	PDTA
	Julie Plummer	WDSF
	Cherry Clarice Jamili	WDSF
	Robert Legarte	WDSF
	Ervin Enchague	WDSF
	Melanie A. Aquino	Quezon City
Officials:	Annaliza de Leon	Malabon
	Jayson Manikan	Muntinlupa
Tabulation/Music/Recorders	Kirck Galpo	Caloocan
	Arvin Lark Santiago	Marikina
	Reggie Pascual	Caloocan
	Rafael Fortuna	Makati
	Nestor Bernadas Jr.	Malabon
	Jessel Yaun	Mandaluyong
	Eduardo Atanacio	Manila
	Eileen Marie De Leon	Manila
	Mark Elvin Nival	Manila
	Leah Cayetano	Marikina
	Leah S. Bulay-og	Marikina
	Cristina Cantalejo	Marikina
	Almarie Morales	Muntinlupa
	Maria Teresa Tabernero	Muntinlupa
	Jomel A. Debil	Pasig
	Joseph Ong	Pasig
	Liezel Sece	Quezon City
	JM Cadiante	Quezon City

XI. FOOTBALL

Tournament Manager	PHILIP V. AUSTRIA	Quezon City
Asst. Tournament Manager	Eduardo Kondo	Muntinlupa
Technical Officials:	Glenn Guardiano	Pasig
Referees/Umpires/Scorers		
	Brenda G. Sorio	Makati
	Benjo Martinez	Makati
	Leah Jaurigue	Mandaluyong
	Julian Tabayag	Mandaluyong
	Jherwin Dalisay	Mandaluyong
	Arvin Baldemoro	Manila
	Henry Consulta	Manila
	Joma Clemente	Manila
	Manuel Zingapan Jr.	Marikina
	Jonathan Cornell	Marikina
	Jesus Aguilar	Marikina
	Edilberto Arguelles	Muntinlupa
	Leonardo Bingcang	Paranaque
	Jeody Bato	Pasig
	Reynaldo de Castro	Quezon City
	Lyn Gannaban	Quezon City
	Melinda Lacad	Quezon City
	Vicente Bayot	Tapat
	Raquel Montealegre	Valenzuela
	Arnold Garcia	Valenzuela
	Lidayway San Miguel	Valenzuela
	Joniver Saldivar	Valenzuela

	Joel Ramos	PFF
	Rodrigo Yambao	PFF
	Wilfredo Barajas	PFF
	Ismael Passion	PFF
	Jan Dianor Initan	PFF
	Romeo Sorio	PFF
	Kem Arizala	PFF
	Rey Ritaga	PFF

XI. FUTSAL

Tournament Manager	VICTOR M. JAVENA	Pasig
Asst. Tournament Managers:	Noel Marquez	Valenzuela
	Junilda Eslera	Pasig
Referees/Umpires/Scorers	Chodigal Managuelod	Caloocan
	Lex Cazcarro	Caloocan
	Mark Jefferson Magpantay	Las Pinas
	Dextor Payomo	Malabon
	Erwin Leif Bawet	Manila
	Marietta Bedia	Manila
	Merle Acibar	Manila
	Vivian Crisostomo	Marikina
	Mauricio Jose	Marikina
	Mark Bunales	Muntinlupa
	Joy Magpale	Muntinlupa
	Joseph Bantug	Navotas
	Frenz Fabroa	Paranaque
	Mae Amor Arribe	Pasig
	Joan Lagrimas	Pasig
	Hilario Guevarra	Pasig
	Rizielyn Torres	Pasig
	Catherine One	Pasig
	Shereen Ambrosio	Quezon City
	Raymond Delos Santos	San Juan
Rodolfo Araneta	TaPat	
Jayson Peralta	Valenzuela	

XII. GYMNASTICS

Tournament Manager	FE MENCIANO	Paranaque
Asst. Tournament Manager	Anna Lou Carreon (AER)	Makati
Technical Directors:	Rodolfo Manuel (MAG)	Pasig
	Carmen Tejada (WAG)	Manila
	Rupert Gapasenao (RG)	NSA-GAP
	Carmen Tejada	Manila
Judges/Table Officials:		
Recorder	Marvin Celendro	Caloocan
Recorder	Jecylyn Santos	Malabon
Recorder	Cherina Tejada	Manila
Music Custodian	Glenrose Pagbuhusan	Marikina
RG	Dayanara Gail Arandela	NSA-GAP
	Adeluisa Patricia Camilon	Makati
	Joanna R. Ayo	Mandaluyong
	Elizabeth Tolentino	Manila
	Julie Ann Ocampo	Manila
	Jhan Mari Mariano	Manila
	Aleli Cachola	Manila
	Mary Grace B. Sison	Marikina

	Jodel Gomba	Pasay
	Dorie De Castro	Quezon City
	Mage Wagan Gurobat	Manila
	Eliza Corpuz	Manila
	Jocelyn Tabia	Tapat
MAG	Jazelle Louise Limenzon	Manila
	Jesfer Perez	Makati
	Lauro Reyes	NSA-GAP
	John Derek Gaerlan	Quezon City
	Rafael Ablaza III	NSA-GAP
	Aldrin Castaneda	NSA-GAP
WAG	Maria Elena Salugao	Makati
	Cristina O. Loberanes	Manila
	Rose Annie Quiambao	Manila
	Marissa Gonzales	Pasig
	Bernardita Pulad	Valenzuela
	Joriegel Yulo	NSA-GAP
	Josefina Ma. Valenton	NSA-GAP
	Joi Villareal	NSA-GAP
AER	Dane Ryan Maturan	Caloocan
	Jomarie Cristobal	Makati
	Geraldine Cachola-Miñas	NSA-GAP
	Christine Barrios	Paranaque
	Rizaldy Hofileña	NSA-GAP
	Daisy Humanoy	Marikina
	Alleli Cachola	Manila
	Natividad Corpuz	Manila

XIII. SEPAK TAKRAW

Tournament Manager	ALBERT D. VILLAMOR	Marikina
Asst. Tournament Managers:	Donato Santos	Marikina
	Rommel delos Angeles	Caloocan
	Rolando Pintuan	Makati
Referees/ Umpires/Linesmen	Rodolfo Tolentino	Caloocan
	Emerardo Claridad	Marikina
	Catherine Casuga	Makati
	Ginny Rose Domingo	Makati
	Leonard Poblete	Malabon
	Ramil Lunor	Malabon
	Noralyn Dela Cruz	Malabon
	Jonathan Enate	Marikina
	Alejandro Carlos	Marikina
	Sherwin Del Rosario	Marikina
	Prudence Palon	Mandaluyong
	Jonas D. de Guzman	Mandaluyong
	Demosthenes Soriano	Pasig
	Dondon Tominis	Manila
	Kenneth John Loria	Manila
	Rogelio Cabanting	Muntinlupa
	Mary Rose Vasquez	Muntinlupa
	Genievic Desaluna	Muntinlupa
	Judith Gutierrez	Navotas
	Chris Amar	Navotas
	Kelvin Salmasan	Navotas
	Gil Matela	Paranaque
	Teresa Sailani	Paranaque
Israel V. Guese	Pasay	

	Froilan Dumantay	Pasay
	Robert Melad	Pasig
	Luchie Briza	Pasig
	Gerardo Raon	Quezon City
	Arlene Duarte	Quezon City
	Franklen Manalang	Quezon City
	Catalino Camayra	San Juan
	Evangeline Roque	San Juan
	Jonathan Cruz	TaPat
	Hector Esperancilla	Valenzuela
	Avelina Esperancilla	Valenzuela
	Astroval Narido	Valenzuela
	Dan Raven Agustin	Valenzuela

XIV. SOFTBALL

Tournament Manager	JOEL L. DIONICIO	Manila
Asst. Tournament Managers	Paulo Tabirara	Valenzuela
	Rhonald Rey de Vera	Manila
Umpires/Scorers/ Table Officials	Leo Bactad	Caloocan
	Hasmin Bongas	Makati
	Boots Tamase	Mandaluyong
	Michelle Gamaru	Mandaluyong
	Prima Madonna P. Magno	Mandaluyong
	Imelda dela Cruz	Marikina
	Manuel Franco	Marikina
	Jessy Solapas	Manila
	Julius Xerces Felicerta	Manila
	Carlo Damian	Manila
	Aichelle Ann Garcia	Manila
	Ramon Tarronas	Manila
	Michael Angelo Punzalan	Manila
	Thelma Andola	Muntinlupa
	Antolin Banjawan	Muntinlupa
	Estrella Lavega	Paranaque
	Virgilio Cruz Jr.	Pasig
	Bernard Gonzales	Pasig
	Annalyn Ebreo	Pasig
	Mark Ernest Reyes	Quezon City
	Mansueto S. Sesbino	Quezon City
	Cristino B. Ancheta	Quezon City
	Francis Llunado	Quezon City
	Joan Siozon	Quezon City
	Ruby Ronda	TaPat
	Aldrin Arienza	TaPat
	Leonardo Belgar	Valenzuela
	Joan Sioson	Valenzuela
	Hermogenes Magdasoc	Valenzuela
	George Postrado	Valenzuela
	Michael James Darilag	Valenzuela
	Valentin Calugay	Valenzuela
	Linda Tyquico	Valenzuela
	Maan Abejero	Valenzuela
	Lady Mielle De Asis	Valenzuela

XV. SWIMMING

Tournament Manager	EDISON ENERLAS	Muntinlupa
Tournament Manager (Technical)	Reynante Panlaqui. Gavino Roxas	Pasay Muntinlupa
Asst. Tournament Manager:	Erlinda Amparo	Quezon City
Referee/Recorder/Officials:	Gladys Soriano	Caloocan
	Alyssa Kim Garcia	Caloocan
	Amelita B. Abalos	Caloocan
	Jaypee Café	Las Pinas
	Jason Cortisano	Las Pinas
	Michael Comayingking	Las Pinas
	Robinson Arias	Makati
	Arque Arguelles	Makati
	Christine Ann Basilio	Makati
	Rizalina Ducot	Malabon
	Pauline Nievera	Malabon
	Racel Rosales	Malabon
	Arnold Cabaluna	Mandaluyong
	Rhodell Jose Delos Santos	Mandaluyong
	Allan Santos	Mandaluyong
	Nenita Macaranas	Manila
	Jonathan Memoracion	Manila
	Francia Principe	Manila
	Ryan Gutierrez	Manila
	John Patrick Checa	Manila
	Jessy Sulapas	Manila
	Glorie Amurao	Manila
	Bernadette Reyes	Marikina
	Ferdinand Santos	Marikina
	Rizalito Ordoñez	Marikina
	Danilo Manansala	Muntinlupa
	Reynold Paglinawan	Navotas
	Juanito Santiago	Paranaque
	Jenny Claire Ofrecio	Paranaque
	Uldarico Hermosura	Pasay
	Dave San Juan	Pasay
	Agnes Roque	Pasay
	Ma. Rosita P. Rivero	Pasay
	Eva Irish Lamo	Pasay
	Marvin Sarmiento	Pasay
	Joyce Quiambao	Pasay
	Jerome Lustre	Pasay
	Charito Areglo	Pasig
	Alfred Villanueva	Pasig
	Maya Sulpico	Pasig
	Virginia Bonifacio	Pasig
Khaylen Happen	Pasig	
Flor Fernandez	Pasig	
Rolando Buce	Pasig	
Wilda Dimaala	Pasig	
Froilan Trinidad Banacia	Quezon City	
Maricar Convencido	Quezon City	
Pamela Endangal	Quezon City	
Joseph G. Gallos	San Juan	
Machelyn Gonzalez	Taguig-Pateros	
Maria Magdalena Magsalin	Valenzuela	
Alvin Dimaandal	Valenzuela	

XVI. TABLE TENNIS

Tournament Manager	SALVADOR A. GABAN JR.	Valenzuela
Asst. Tournament Managers	Edwin Ingeniero	Manila
	Norman S. Aralar	Pasig
	Ricky Bambilla	Caloocan
Umpires/Scorers/Table Officials	Rolando Tambogon	Caloocan
	Brenda Fabrique	Caloocan
	Oliver Alfonso Tilan	Caloocan
	Concepcion Sta Maria	Las Pinas
	Grace Aralar	Makati
	Aver Sister	Makati
	Edwin Agocoy	Malabon
	Rhonnell Flores	Malabon
	Frank Fabreag	Mandaluyong
	Ian Arines	Mandaluyong
	Michael Oyales	Manila
	Lucita Caparida	Navotas
	Verlie Elunio	Navotas
	Alcidor Saludes	Navotas
	Joel Jose	Manila
	Glen Bondoc	Manila
	Mark Anthony Rafa	Manila
	Michael Oyales	Manila
	Jeanne Garbin	Manila
	Laurlyn Lamsen	Marikina
	Ivan Leynes	Muntinlupa
	Julius Arojado	Muntinlupa
	Ruben Tolentino	Paranaque
	Efren Millo	Paranaque
	Raymond Ramos	Paranaque
	Mary Maeh Enriquez	Parañaque
	Leslie Sinapilo	Pasay
	Brian Balingit	Pasay
	Jomel Bautista	Pasig
	Shiela Mae Cabrera	Pasig
	Nancy Sibomet	Pasig
	Jose Banday	Quezon City
	Rene Perio	Quezon City
	Imelda Rosario	TAPAT
	Daisy Pascual	TAPAT
	Edel U. Gayagoy	TAPAT
	Virgilio Santos Jr.	Valenzuela
	Israel Dave Delos Reyes	Valenzuela
	Randy Villanueva	Valenzuela
	Ronelo Reyes	Valenzuela

XVII. TAEKWONDO

Tournament Manager	EDISON C. ENERLAS	Muntinlupa
Asst. Tournament Managers:	Vicente Zipagan	Valenzuela
	Isagani M. Domingo Jr.	Makati
Umpires/Referees/Recorders/Judges	Catherine Galvez	Caloocan
	Winnie Nnalis	Caloocan
	Jessica Ara Argarin	Makati
	Regelzon R. Legaspi	Makati
	Noel Gabad	Makati
	Noli Gabriel	Makati

	Leanne Dullesco	Makati
	Annalyn Novales	Malabon
	Jim Celda	Manila
	Roselito Queja	Manila
	Evanne Canlas	Manila
	Veanney Therese M. Esquibal	Manila
	Rannie Boy E. Villazor	Manila
	Rowena Torres	Manila
	Florevi Flores	Manila
	Tina Bobis Antonio	Marikina
	Crisanto Angeles	Marikina
	Nenet Fernandez	Marikina
	Mary Ann Regala	Muntinlupa
	Haidee Peñafuerte	Paranaque
	Angelique Bulan	Pasay
	Jovette Calimag	Pasig
	Revel Rosario	Pasig
	Jennifer Mariano	TaPat
	Ma. Socorro Javier	Quezon City
	Freddie Mar Agno	Quezon City
	Jonah Arceli Bautista	Quezon City
	Oscar Victor Javier	Quezon City
	Eden Aranas	PTA
	Jocelyn Balinas	PTA
	Crispaul G. Mirasol	PTA
	Dianne Carreon	PTA
	Emma Bonyad	PTA
	Joselito Legaspi	PTA
Electronic Operator	Bryan Illahi	PTA
	Lorraine Lorelie Catalan	PTA

XVIII. TENNIS

Tournament Manager	LYNNETTE CIPRIANO	Malabon
Asst. Tournament Managers:	Roger Tesorero	Las Pinas
	Caesar Firmalo	Paranaque
	Sonny Pucan	Quezon City
Umpires/ Line Judges/	Isaias Chan	Caloocan
	Arturo Gonzales Jr.	Las Piñas
	Renato Castelo	Makati
	Lisette Jumawan	Malabon
	Beatriz Academia	Malabon
	Danica Karen Siquenco	Manila
	Matthew James Sacramento	Manila
	Mark Rodel Villarba	Manila
	Rodley Perez	Manila
	Jefferson Gelito	Mandaluyong
	Vivian Cruz	Marikina
	Alexson Manuel Aguillan	Marikina
	Jesus Allorde	Marikina
	John Paul Ditalo	Marikina
	Joven Tolentino	Muntinlupa
	Garry Quijarno	Paranaque
	Hector Villareal	Pasay
	Maribeth Dames	Pasig
	Desiree Didulo	Pasig
	Glaiza Ager	Pasig

	Daniel Ramos	Quezon City
	Kimphee de Leon	Quezon City
	Arabie Acero	Quezon City
	Jenifer Revaula	Quezon City
	Sherwin Garvida	Quezon City
	Mirope Maquilado	Quezon City
	John Mark Esponga	Valenzuela
	Ana Marie Galvez	Valenzuela

XIX. VOLLEYBALL

Tournament Manager	REX A. ADO	Mandaluyong
Asst. Tournament Managers:	Nestor Bello	Mandaluyong
	Leopoldo Miranda	Mandaluyong
Chief Referees	Yul Benosa	Pasay
	Susana Bulan	Valenzuela
	Patrick Allan Castillo	Taguig-Pateros
Referees/Umpires/	Richard Susano	Caloocan
	Roderick Santos	Caloocan
	Kenneth Dela Cruz	Caloocan
	Janmor Sapungan	Caloocan
	Jovit Jiniebre	Las Piñas
Linesmen/Scorers/ Table Officials	Ariel delos Santos	Las Piñas
	John Carlo Carrido	Las Piñas
	Reynaldo Castro	Makati
	Darren Davivas	Makati
	Kenneth Fernandez	Makati
	John Osmena	Makati
	Federico Bello	Makati
	Charito Mercado	Malabon
	Mary Ann Abaigar	Parañaque
	VOLLEYBALL	Leo Araza
	Alvin Roldan	Mandaluyong
	Armie Cudia	Mandaluyong
	Miriam Villa Ignacio	Mandaluyong
	Jayrhald N. Gemalaya	Mandaluyong
	Rolly G. Pagunsan	Mandaluyong
	Bonifacio Abug	Manila
	Joseph Guzman	Manila
	Jeffrey Pacia	Manila
	Rosemarie Miranda	Manila
	Nad Anthony Espina	Manila
	Crisanto Torres	Manila
	Anna Michelle Autencio	Manila
	Roseller Dalistan	Marikina
	Helen Aquino	Marikina
	Bernie Vergara	Marikina
	John Cruz	Muntinlupa
	Arnold Abella	Muntinlupa
	Manolito Malihan	Muntinlupa
	Rochelle Ann Prim	Navotas
	Jun B. Lucas	Navotas
	Ma. Leonora Mariano	Navotas
	Avengel Joseph Federis	Navotas
	Lawrence Salamanca	Navotas
	Merbhel Volpane	Parañaque
	Laura Rubio	Parañaque

	Aira Abaigar	Parañaque
	Maia Quino	Paranaque
	Kate E. Alfonso	Pasay
	Anna Mackenzie	Pasay
	Severo Bajado	Pasay
	Chona Vergara	Pasig
	Helen Mercado	Pasig
	Erlindo Eusebio	Pasig
	Elmel Oncoy	Pasig
	Rowena Legaspi	Pasig
	Marlon Makabenta	Pasig
	Peter Bautista	Pasig
	Mary Joy De Imus	Pasig
	Chinita Apostol	Quezon City
	Ma. Elena Olet	Quezon City
	Samuel Caddarao	Quezon City
	Janice Insigne	Quezon City
	Jacqueline Climaco	Quezon City
	Josephine Arguelles	Quezon City
	MeryJean Devilleres	San Juan
	Ranjee Padayao	Taguig-Pateros
	Rammel Sabangan	Taguig-Pateros
	Angelito Cayetano Jr.	Valenzuela
	Saturnino Serrano	Valenzuela
	Charlina Guardiania	Valenzuela
	Archie Jazon	Valenzuela
	Alfred Sta Maria	Valenzuela
	Roy Suratos	Valenzuela

XX. WUSHU

Tournament Manager	PEDRO D. GLORIANI	Pasay
Asst. Tournament Managers:	Ar-jay Guzman	Navotas
	Mark Robert Rosales	Wushu Federation of the Phils.
Tournament Consultant	Samson Co	Wushu Federation of the Phils.
Tournament Secretary	Chrissibel Atienza	Wushu Federation of the Phils.
	Canniel Ordonez	Pasay
Tournament Coordinator	Geraldine Daguman	Wushu Federation of the Phils.
Officials:	Anna Leah Arellano	Malabon
	Elena Centeno	Mandaluyong
	Madelaine Sediego	Manila
	Aaron de Guzman	Marikina
	Valentin Batoc	Marikina
	John Paul Adelino	Navotas
	Sylwyn Tenorio	Pasay
	Yolanda Razonable	Pasay
	Carlos Baylon Jr	Wushu Federation of the Phils.
	Francisco Solis	Wushu Federation of the Phils.
	Cemente Tabugara	Wushu Federation of the Phils.
	Esmael Corton	Wushu Federation of the Phils.
	Clemente Tabugara	Wushu Federation of the Phils.
	Arnel Mandal	Wushu Federation of the Phils.
	Casio Martil	Wushu Federation of the Phils.
	Hergie Bacyadan	Wushu Federation of the Phils.
	Ismael Corton	Wushu Federation of the Phils.
	Daniel Parantac	Wushu Federation of the Phils.

XXI. WRESTLING

Tournament Manager	GEMMA SILVERIO	Mandaluyong
Asst. Tournament Managers:	Victor Pinlac	UP
Mat-Chairman	Jamie Domingo	Mandaluyong
Judge	Maribel Angana	NAS
Referee	Violeto Agustin	PAF Wrestling Team
Referee	Jimmy Angana	PAF Wrestling Team
Timer	Margarito Angana	PAF
Scorer/Recorder	Roel Pacional	NAS
	Larry Barcelon	Marikina
	Marcial Angeles	Marikina
	Jun Beth Santos	Pasay
	Michelle Penaflores	Pasig
	Jerry Faingason	Makati Wrestling Club

XXII. PENCAK SILAT

Tournament Manager	ERNIFER COSMIANO	Navotas
Asst. Tournament Managers:	Emmar Progelia	Navotas
	Christopher Yabut	NSA
	Inier Candor	NSA
Officials:	Jojo Abia	Navotas
	Dante Villagawan	Pasig City
	Ginalyn Nengasca	Quezon City
	Aprilyn Nevarez	NSA
	Iredenin Lepatan	NSA
	Edwin Simacon	NSA
	Adzar Abdurazad	NSA
	Ronald Perena	NSA
	Bong Aranas	NSA
	Hunsain Moly	NSA
	Huinda Nherlyn	NSA
	Hasmin Nurhabir	NSA

SPECIAL EVENTS (Paragames)

Regional Coordinators : Mrs. Marita D. Aquino
Dr. Roland D. Montes

OFFICIATING OFFICIALS

I. ATHLETICS (ID / VI / OH / HI)

Tournament Manager	Rodel C. Magsino	TaPat
Asst. Tournament Managers:	Allan Aguilar	Caloocan
	Narciso Dasigan	Manila
All Officials of Athletics		

II. BOCCE: (ID)

Tournament Manager	PEDRO GLORIANI	Pasay
Asst. Tournament Managers:	Ricky Tagarao	Pasay
	Maureen Villagracia	Pasig
Officials: Head	Mark Lauren Keyser	Pasig
Members:	Agapito Abuda	Manila
	Junie Anselmo	Manila
	Augusto Abarquez	Pasay
	Roberto Graza	Pasig
	Laurea Leonard	Pasig
	Louie Cheriza Montalaba	Valenzuela

III. GOAL BALL (VI)

Tournament Manager	Pedro Gloriani	Pasay
Assistant Tournament Manager	Laarni Lebuna	Pasay
Goal Judge	April Kristine Paz	Caloocan
	Abigail C. Santiago	Manila
	Roy Atilano	Paranaque
	Maia Quinao	Paranaque
Referee	Carmelo Calago	Pasig
	Augusto Abarquez	Pasay
	Alfredo Rey L. Estacion	PSC-Philspada
Scorer	Ester Ibarra	Valenzuela
Timer	Maria Quinoa	Paranaque
	Jimmy P. Dimzon	PSC-Philspada

II. SWIMMING

Tournament Manager	EDISON ENERLAS	Muntinlupa
Tournament Manager (Technical)	Reynante Panlaqui Gavino Roxas	Pasay Muntinlupa
Asst. Tournament Manager:	Erlinda Amparo	Quezon City
All Swimming Officials		

ENCLOSURE NO. 4**NCR PALARO 2023 SCHEDULE OF GAMES AND VENUE**

Host SDO	Sports Events	REMARKS	Date
Caloocan	Wrestling	Rizal Memorial Sports Complex	April 15-16, 23, 2023
Las Piñas	Sepak Takraw	Las Pinas Elementary Central School	April 24-28, 2023
Makati	Table Tennis	Makati Coliseum	April 24-28, 2023
	Dance Sports	University of Makati	April 25-27, 2023
Malabon	Arnis	Oreta Sports Complex, Malabon	April 15-16, 23-24, 2023
Mandaluyong	Boxing	Eulogio Rodriguez Integrated School	April 24-28, 2023
Manila	Gymnastics	GAP Training Center (Intramuros)	April 24-28, 2023
Marikina	Archery	Marikina Gold Toe Archery Range	April 24-28, 2023
	Baseball	Marquinton Field, Marikina	April 24-28, 2023
	Tennis	Marikina Sports Complex- Tennis Court	April 24-28, 2023
	Badminton	Marikina Sports Complex -Badminton Court	April 24-28, 2023
Muntinlupa	Swimming	Muntinlupa Sports Complex- Aquatic Center	April 15-16, 22-23, 2023
Navotas	Pencak Silat	Rizal Memorial Sports Complex	April 24-28, 2023
Parañaque	Billiards	Paranaque National High School	April 23, 24-28, 2023
Pasay	Bocce	Philippine National School for the Blind/Deaf	April 15-16, 23, 2023
	Goal ball	Jose Rizal Elementary School	April 15-16, 23, 2023
	Wushu	Wushu Gym Rizal Memorial	April 24-28, 2023
Pasig	Softball	Rizal HS Track Oval	April 24-28, 2023
	Athletics	ULTRA Complex	April 24-28, 2023
Quezon City	Volleyball	Esteban Abada ES and Judge Juan Luna	April 24-28, 2023
	Football	Rizal High School (Elimination) FEU Fern (Semi-final/ Final Game)	April 15-16 & 22 23, 2023 April 24-25, 2023
	Basketball	Belarmino, Amoranto Astrodome	April 24-28, 2023
San Juan	Chess	Pinaglabanan ES Multi-Purpose	April 24-28, 2023
Taguig-Pateros	Taekwondo	Taguig City University/Hagonoy Sports Complex	April 24-28, 2023
Valenzuela	Futsal	WES Arena, Valenzuela City	April 16, 23, 24, 25, 2023

Note: All Tournament Manager, coordinate directly to the Host SDO DSO for the needs of the event.