



Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

May 29, 2023

REGIONAL MEMORANDUM
No. 434, s. 2023

To: Schools Division Superintendents

MENSTRUAL HYGIENE DAY 2023 CELEBRATION

1. Attached is a copy of OUOPS Memorandum No. 2003-03-4990, signed by Atty. Revsee A. Escobedo, Undersecretary for Operation, Department of Education, regarding the **Menstrual Hygiene Day 2023 Celebration**, the content of which is self-explanatory, for your information and/or appropriate action.
2. For more information and/or clarification, you may coordinate with the School Health and Nutrition Unit at telephone number 89201490 or through email at shnu_depedncr@yahoo.com.
3. Please be guided accordingly.


WILFREDO E. CABRAL, CESO III
Regional Director

Encl.: As stated
Reference:
To be indicated in the Perpetual Index



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Republic of the Philippines
Department of Education
OPERATIONS

OUOPS No. 2023-03-4970

MEMORANDUM

**TO : ALL REGIONAL DIRECTORS
SCHOOLS DIVISION SUPERINTENDENTS
SCHOOL HEADS
ALL OTHERS CONCERNED**

FROM : ATTY. FEVSEE A. ESCOBEDO
Undersecretary for Operations  *for VCY*

SUBJECT : Menstrual Hygiene Day 2023 Celebration

DATE : May 23, 2023

The Operations Strand of the Department of Education (DepEd), through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), endorses the celebration of the Menstrual Hygiene Day 2023 with the theme, #WeAreCommitted. This event aims to: (1) Break the taboos and end the stigma surrounding menstruation; (2) Raise awareness about the challenges regarding access to menstrual products, education about menstruation and period-friendly sanitation facilities; and (3) Mobilize the funding required for action at scale.

The event will be held at the **DepEd Central Office** and will be broadcasted live via the **DepEd Philippines Facebook Page** on **29 May 2023** from **1:30-4:00 p.m.** School health personnel and WinS coordinators from the regions, divisions, and schools are hereby requested to participate in the event online.

For details, kindly refer to the attached program (**Annex A**) and List of Participants to the Face-to-Face Round Table Discussion (**Annex B**).

Should you have any queries, please contact Mr. Vonerich Berba, Education Program Specialist II of BLSS-SHD, through telephone number 8632-9935 or email at blss.shd@deped.gov.ph.

For appropriate action.

Annex A

Menstrual Hygiene Day 2023

Theme: "We are committed"

May 29, 2023

1:30-4:00 p.m.

Indicative Program

Time	Activity	Resource Person
1:20- 1:30 p.m.	Pre broadcast videos	
1:30-1:40 p.m.	Preliminaries <ul style="list-style-type: none"> ◦ National anthem ◦ Prayer 	
1:40 – 1:50 p.m.	Opening Remarks	Dr. Dexter A. Galban Assistant Secretary for Operations, Department of Education (DepEd)
1:50 – 2:30 p.m.	Presentations (5-7 minutes each) <ul style="list-style-type: none"> ◦ Before the presentations, presentors' short bionotes will be read by RTD Moderator ◦ DepEd: MH data ◦ GIZ: Role of Social Media in raising awareness for MHH ◦ UNICEF: OKY App ◦ Save the Children: TBC 	<ul style="list-style-type: none"> ◦ Department of Education ◦ GIZ ◦ UNICEF ◦ Save the Children
2:30 – 3:00 p.m.	Break: Livestream: Videos	
3:00 – 3:45 p.m.	Roundtable discussion <ul style="list-style-type: none"> ◦ Before the presentations, additional 	Reactors: <ul style="list-style-type: none"> ◦ <i>UP Center for Women and Gender Studies - tbc</i>

	<p>RTD participants/ Rectors' short bio notes will be read by RTD Moderator</p> <p><i>(Guide questions to follow)</i></p> <p><i>Synthesis (RTD Moderator)</i></p>	<ul style="list-style-type: none"> ◦ German Embassy - tbc ◦ USAID ReachHealth - tbc ◦ Department of Health ◦ Philippine Council on Women
3:45 - 3:50 p.m.	Pledge of Commitment	Participants
3:50 - 4:00 p.m.	Closing Remarks	<p>Dir. Nenneth Alama Director, Bureau of Learner Support Services, DepEd</p>

Annex B

List of Participants

Participants to the face-to-face round table discussion shall be as follows:

Agency	No. of Pax
Department of Education	17
OUOPS	2
OASOPS	2
BLSS	2
BLSS-SHD	8
PAS	3
German Embassy	2
GIZ	15
UNICEF	3
Save the Children Philippines	3
UP Center for Women and Gender Studies	3
Philippine Commission on Women	1
Department of Health	3
REACH Health	2
Plan International	2
Others (e.g. Influencer)	5