




Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION



**REGIONAL MEMORANDUM**  
ORD-2023-615

TO : Schools Division Superintendents  
School Health Personnel

FROM :  WILFREDO E. CABRAL, CESO III  
Regional Director

SUBJECT : 2023 NUTRITION MONTH CELEBRATION

DATE : July 10, 2023

1. Nutrition Month is celebrated every July by virtue of section 7 of the Presidential Decree No. 491 or the "Nutrition Act of the Philippines, 25 June 1974". It aims to create awareness on the importance of good nutrition by undertaking activities related to this year's Nutrition Month celebration: **"Healthy Diet gawing affordable for all!"**
2. Division offices shall submit their narrative and pictorial report on the highlights of their 2023 NMC to the regional office on or before August 11, 2023 for consolidation and submission to the Bureau of Learner Support Services-School Health Division (BLSS-SHD).
3. Attached, please find a copy of DepEd Memorandum No. 037, s.2023 from the Office of the Undersecretary.
4. Immediate dissemination of and compliance with this memorandum is desired.

essd/shnu/jvb2023



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