


Republic of the Philippines  
**Department of Education**  
 NATIONAL CAPITAL REGION

**REGIONAL MEMORANDUM**

ORD No. 1053 S. 2023

TO : Schools Division Superintendents  
 Head, School Health and Nutrition Section

FROM :   
**WILFREDO E. CABRAL, CESO III**  
 Regional Director

SUBJECT : **COLLABORATIVE ACTIVITIES WITH OKY PHILIPPINES APP  
 PROJECT IN PARTNERSHIP WITH UNICEF PHILIPPINES AND  
 PLAN INTERNATIONAL**

DATE : October 11, 2023

1. Enclosed is a letter from Kamama D. Edzla, Project Manager, *OKY App Project* and Jacqui Lyn P. Calaranan, Portfolio Program Manager- ECD and SRHR, Plan International Pilipinas Foundation, Inc dated October 10, 2023, contents of which are self- explanatory for information, guidance appropriate action for all concerned.
2. Immediate dissemination of and compliance with this memorandum is desired.





10 October 2023

**Dr. Wilfredo E. Cabral, CESO III**  
Regional Director  
Department of Education NCR  
Quezon City

**Dear Dr. Cabral,**

Warm greetings!

We are thrilled to introduce the "Okky Philippines Period Tracker App," which is a joint product of the Department of Education (DepED), Department of Health (DOH), Commission on Population and Development (POPCOM), National Youth Commission (NYC), Regional government of the Bangsamoro Autonomous Regional in Muslim Mindanao (BARMM), and UNICEF Philippines, in partnership with Plan International and with support from the Australian Government. The Okky Philippines Period Tracker App aims to empower every Filipino girl and young woman by equipping them with accurate information regarding Menstrual Health and Hygiene (MHH) and Adolescent Sexual Reproductive Health (ASRH).

Following its endorsement by DepEd and the successful national launch on May 26, 2023, UNICEF and Plan International are now working with government partners in the promotion of Okky Philippines to reach as many Filipino adolescent girls and young women.


Toward this end, we kindly seek to collaborate with DepEd NCR and its 16 school divisions to promote Okky Philippines and extend its reach to all learners, particularly adolescent girls and young women aged 10-19 years old. In this regard, we seek your approval and endorsement for the following collaborative activities:

- Conduct Okky orientation for ARH and WinS Focal Persons and MAPEH Education Supervisors.
- Collaborate with the mentioned focals to assist and facilitate the downloading of the Okky Philippines app for girl learners.
- Distribution of Okky promotional materials (e.g., brochures, fans, etc.) approved by Okky government partners.
- Integration of the Okky Period Tracker App as a key resource in the implementation of the health curriculum

Looking forward to your positive response. For any queries, please feel free to contact us at [Kamama.Edzla@plan-international.org](mailto:Kamama.Edzla@plan-international.org) or at [JacquiLyn.Calaranan@plan-international.org](mailto:JacquiLyn.Calaranan@plan-international.org)

Sincerely,

  
Kamama D. Edzla  
Project Manager  
Okky App Project

  
Jacqui Lyn P. Calaranan  
Portfolio Programme Manager-ECD and SRHR  
Plan International Pilipinas Foundation Inc.

