



Republic of the Philippines
Department of Education
 NATIONAL CAPITAL REGION



Advisory No. ⁰⁸⁰ ____, s. 2024
 March 20, 2024

**NEW SCHEDULE OF THE WRITESHOP OF SIMPLIFIED MANUAL
 ON SPORTS SCIENCE IN DIFFERENT SPORTS**

In reference to the attached Regional Memorandum No. 194, s. 2024 dated March 5, 2024, the Schools Divisions of Makati, Malabon, Pasig, Quezon City and selected Regional Office personnel are hereby informed of the new schedule for the said writeshop :

Day 1	April 6, 2024
Day 2	April 13, 2024
Day 3	April 20, 2024
Day 4	May 4, 2024
Day 5	May 11, 2024

In connection to this, the Schools Division of Marikina City is hereby informed that Mr. Mark Joseph D.R. Arabit as mentioned in the said Memorandum is one of the requested participants, and no participant has been requested from Taguig-Pateros.

All other provisions of the Regional Memorandum No. 194, s. 2024 shall remain in effect unless otherwise stated.

For immediate dissemination.

JOCELYN DR. ANDAYA
 Director IV

Incl.: As stated

/essd/sports/glc



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Doc. Ref. Code	RO-ORD-F001	Rev	00
Effectivity	01.26.23	Page	1 of 1



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Republic of the Philippines
Department of Education
NATIONAL CAPITAL REGION

MEMORANDUM 194

TO : **ASSISTANT REGIONAL DIRECTOR
SCHOOLS DIVISION SUPERINTENDENTS**
Division of Makati City
Division of Malabon City
Division of Pasig City
Division of Quezon City
Division of Taguig-Pateros
FUNCTIONAL DIVISION CHIEFS
Education Support Services Division
Policy, Planning and Research Division
ALL OTHERS CONCERNED

FROM : **OFFICE OF THE REGIONAL DIRECTOR**

SUBJECT : **WRITESHOP OF SIMPLIFIED MANUAL ON SPORTS SCIENCE
IN DIFFERENT SPORTS**

DATE : March 5, 2024

1. In line with the commitment of DepEd NCR to continuously improve proposals, projects and activities that will contribute to the attainment of the Top five (5) Priorities of the Region, the Education Support Services Division will spearhead the Writeshop of Simplified Manual on Sports Science in Different Sports on **March 23, 2024, April 6, April 13, April 20, and April 30, 2024, 8:00 a.m. to 5:00 p.m.** at the **DepEd NCR Conference Hall**.

2. In this connection, may we request the following DepEd personnel to participate in this regional initiative:

	Name		School	Office
1.	Mark Joseph D.R. Arabit	Researcher and Writer	Sta. Elena HS	SDO Marikina City
2.	Penelope May D. Atip	Researcher and Writer	Flora A. Ylagan HS	SDO Quezon City
3.	Maricar A. Convencido	Researcher and Writer	Camp Crame HS	SDO Quezon City
4.	Ryan S. Dequina	Researcher and Writer	Bagong Silangan HS	SDO Quezon City



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Doc. Ref. Code	RO-ORD-F005	Rev	00
Effectivity	01.26.23	Page	1 of 3



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5.	Jennifer B. Fajardo	Researcher and Writer	Ramon Magsaysay HS	SDO Quezon City
6.	Denise Cecille S. Nartates	Researcher and Writer	Don Alejandro Roces Science and Technology HS	SDO Quezon City
7.	Rey John R. Simbulan	Researcher and Writer	Quezon City Science HS	SDO Quezon City
8.	Ana Maria Razelyn B. Villar	Researcher and Writer	Tandang Sora NHS	SDO Quezon City
9.	Eugenio R. Borromeo Jr.	Lay-out Artist	Malabon City Technical Vocational and Entrepreneurship Senior High School	SDO Malabon City
10.	Rose Ann B. Pamintuan	Grammarian and Consolidator	Division Office	SDO Pasig City
11.	Perlito G. Manalad	Contributor	Regional Office	Regional Office
11.	Gina L. Cruz	Facilitator, Contributor, Consolidator	Regional Office	Regional Office
12.	Lilia A. Ricero	Facilitator, Speaker/Consultant	Regional Office	Regional Office
13.	Joan R. Pedroche	Contributor	Regional Office	Regional Office

3. Their expertise will be instrumental in ensuring the accuracy, comprehensiveness, and effectiveness of the sports manual on sports science in different sports of the Region.
4. Teaching and non-teaching personnel may avail the Service Credit and/or Compensatory Time-Off (CTO) which ever is applicable, subject to existing policies and guidelines of DepEd and Civil Service Commission.
5. For clarifications, please contact Dr. Gina L. Cruz, Senior Education Program Specialist of DepEd National Capital Region -Education Support Service Division at this email : gina.cruz002@deped.gov.ph.




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Doc. Ref. Code	RO-CRD-F005	Rev	00
Effectivity	01.26.23	Page	2 of 3



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6. For appropriate action and immediate dissemination.

JOCELYN DR. ANDAYA
Director IV 

Enclosed : as stated
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Doc. Ref. Code	RO-ORD-F005	Rev	00
Effectivity	01.26.23	Page	3 of 3