



Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION



March 5, 2024

**REGIONAL MEMORANDUM**

No. 172, s. 2024

**To:** Schools Division Superintendents  
Chief Education Supervisors, CID  
All Others Concerned

**WORKSHOP ON THE DEVELOPMENT AND QUALITY ASSURANCE OF CATCH-UP FRIDAYS LESSON EXEMPLARS**

1. In support of the Catch-Up Fridays Program (DepEd Memorandum No. 001, s. 2024), and to provide technical assistance to the teachers in its implementation, DepEd NCR Regional Office Proper through the Curriculum and Learning Management Division will conduct a 5-day Workshop on the Development and Quality Assurance of Lesson Exemplars for Catch-Up Fridays on March 7 – 12, 2024 at Lime Resort Hotel Manila, Seascape Village, Atang dela Rama Street, Pasay City.
2. Specifically, the activity aims to:
  - a. Develop lesson exemplars for NRP, Values Education, Peace Education and Health Education, as components of the Catch-Up Fridays Program; and
  - b. Quality assure the developed lesson exemplars.
3. Participants to this activity are the CLMD Education Program Supervisors, CLMD - LRMS EPS, Librarian II, and Teaching Aid Specialist, CID Education Program Supervisors of English, Filipino, GMRC/VE, Araling Panlipunan, MAPEH, and select technical design team members as stated in the list of participants.
4. Participants may check-in in the afternoon of March 7, 2024. The first meal is dinner on the same day. Registration starts at 8:00 AM on March 8, 2024, while the Opening Program will be at 10:00 AM. Last meal is afternoon snacks of March 12, 2024. Attached is the indicative schedule of the activity.
5. Participants are requested to bring their own laptop, extension cord, and reference materials.



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6. Participants with pre-existing medical conditions are advised to bring their maintenance medications during the activity.
7. Compensatory Time Off (CTO) or Service Credit, whichever is applicable, shall be granted to the participants, for the services rendered on March 9 & 10, 2024 (Saturday and Sunday), subject to the allowed number of days by the Civil Service Commission.
8. Board and lodging of the participants is c/o BLR Funds, while transportation expenses is to be charged against local funds, subject to the existing government accounting and auditing rules and regulations.
9. For more information, please contact the Curriculum and Learning Management Division (CLMD) through the email address [clmd.ncr@deped.gov.ph](mailto:clmd.ncr@deped.gov.ph).
10. Immediate and wide dissemination of this Memorandum is desired.

  
**JOCELYN DR. ANDAYA**  
Director IV

CLMD/LRMS

**INDICATIVE WORKSHOP SCHEDULE**  
**Workshop on the Development & QA of Catch-Up Fridays Lesson Exemplars**  
**March 7-12, 2024**  
**Lime Hotel, Seascape Village, Pasay City**

Day 0 - March 7	Day 1 - March 8	TIME	Day 2 - March 9	Day 3 - March 10	Day 4 - March 11	Day 5 - March 12	
AM - Travel Time	8:00 - 10:00 AM	Registration	Development of LEs	Management of LEs	QA & Finalization	QA & Finalization	
	10:00 - 11:00 AM	Opening Program					
	11:00 - 12:00 Noon	Orientation	Development of LEs	Snacks	QA & Finalization	QA & Finalization	
	12:00 - 1:00 PM	Lunch					
	1:00 - 5:00 PM	Development of LEs	Development of LEs	QA & Finalization	QA & Finalization	QA & Finalization	
	6:00 - 8:00 PM	Dinner					
			1:00 - 1:15 PM	Energiizer			
			1:15 - 3:00 PM	Development of LEs	Development of LEs	QA & Finalization	Submission of Outputs
			3:00 - 3:30 PM	Snacks			
			3:30 - 5:00 PM	Development of LEs	Development of LEs	QA & Finalization	Closing Program
		6:00 - 8:00 PM	Dinner				
PM - Billeting			M. Pacheco M. Bangit	M. G. Tamayo M. Aquino	C. Villanueva J. Roldan	A. Gatus A. Tan R. Montes	
		LRMS					
			Caloocan Las Pinas Makati Malabon	Mandaluyong Manila Marikina Muntinlupa	Navotas Paranaque Pasay Pasig	Quezon City San Juan Taguig & Pateros Valenzuela	
		MOL & LRMS EPS In-Charge					
		Capacitated Development Team / Developed LEs	Developed LEs	Developed LEs	Reviewed & Final LEs	Reviewed & Final LEs/ Submitted Final LEs	
<b>Output</b>							

**Participants to the Writeshop on the Development & QA of Catch-up Fridays Lesson Exemplars**

**March 7-12, 2024**

**Lime Hotel, Seascape Village, Pasay City**

<b>DEVELOPMENT TEAM</b>	<b>SDO</b>	<b>NRP-FILIPINO</b>	<b>NRP - ENGLISH</b>	<b>VALUES EDUCATION</b>	<b>PEACE EDUCATION</b>	<b>HEALTH EDUCATION</b>
1	Caloocan City	Sheila . Molina	Christian Jay Ilagan	Nimfa A. Hernaez	Marites R. Directo	Daniilo Duyan
2	Las Pinas City	Macario Pelecia Jr.	Anabelle H. Nava	Felices P. Tagle	Veronico O. Gonzales Jr.	Fatima Yusingbo
3	Mandaluyong City	Wenlito Batinga	Ramon Belardo Jr.	Ginalyn M. Mendoza	Cesar A. Nachor	Leopoldo Miranda
4	Makati City	Maria Fe Balaba	Gizelle V. Laud	Krissel B. Quemquem	Michael M. Mercado	Shiela Fallarcuna
5	San Juan City	Eulafel Pascual	Marnelli B. Tolentino	TBA	Orlando D. Ciaor	Leonardo Dagum
6	Pasig City	Ma. Teresita Herrera	Joselito Calios	Perlita M. Ignacio	Bernard R. Balitao	Noriyn Conde
7	Quezon City	Nimfa Gabertan	Nimfa Gabertan	Maricetta S. Cabellero	Ederlina D. Balena	Marilyn C. Binuya
8	Manila	Edwin Mabilin	Vicente Victorio	Lucita A. Gener	Amalia C. Solis	Ma. Agie O. Amar
9	Valenzuela City	Rosarie Carlos	Winnie F. Tugade	Loreta L. Salvador	Leilian M. Mendoza	Alfredo Galicia
10	Paranaque City	Edwin Doria	Rodrigo C. Morales	Arlyn M. Brigola	Ma. Estrelita C. Arceo	Glenn Ducta
11	Muntinlupa City	John Albert Colle	Carmen D. Solayao	Liliosa B. Palce	Maricel Eugene L. Luna	Edison Enerlas
12	Marikina City	Galcoso Albuero	Janet Cajuguiran	Leilani N. Villanueva	Aaron S. Enano	TBA
<b>QUALITY ASSURANCE TEAM</b>						
1	Malabon City	Ofelia Cruz	Marilou Syjuco	Zenaida M. Roberto	Ma. Ruena R. Yaptangco	Lynnette Cipriano
2	Navotas City	Rico Tarectecan	Marco Meduranda	Preciosa N. Cabinbin	Wilbert G. Balboa	Erniifer Cosmiano
3	Pasay City	Rowela Cadayona	Imelda Boquiren	Ana Marie A. Aluang	Leuvina D. Erni	Pedro Gloriani
4	Taguig City & Pateros	Jennifer Rama	Noel T. Balubal	Victoria R. Landicho	Ferdinand Paggao	Shoji Gerona
<b>CLMD</b>						
1	MICAH G. PACHECO		1	DENNIS M. MENDOZA		
2	ARNOLD C. GATUS		2	NANCY C. MABUNGA		
3	MA. GLORIA G. TAMAYO		3	FIDEL P. GONZALES		
4	ANDREW E. TAN					
<b>TECHNICAL DESIGN</b>						
5	ROLAND D. MONTES					
6	MARITA D. AQUINO					
7	MARICAR A. BANGIT					
8	CHARITO A. VILLANUEVA					
9	JAMES A. ROLDAN					