



Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION

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SUBJECT : BID BULLETIN NO. 1  
PROJECT : **PROVISION OF MEALS FOR THE PALARONG PAMBANSA  
2024**  
PB ESSD 2024-011 & PHILGEPS REF. NO. 10836702  
DATE : May 23, 2024

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This Bid Bulletin No. 1 is hereby issued for the information of prospective bidders in the above-mentioned project.

*The technical specifications shall be modified/supplemented as follows:*

- 1. The venue for NCR delegation is Talamban Elementary School located at Borbajo Street, Talamban, Cebu City.*
- 2. The catering services shall include tables and chairs with appropriate skirting, the number of which shall be enough for the delegation.*
- 3. The provision of food shall be based on the attached technical specifications and Proposed Sample Menu (Tagalog Dish).*
- 4. The bidder shall accomplish the Statement of Compliance to the technical specification using the attached template as supporting document to Section VII of the Bidding Documents.*

Let copies of this Bid Bulletin be posted in the PhilGEPS, Website and Bulletin Board reserved for the BAC and be furnished all the prospective bidders, invited observers and the Office of the COA.

  
**CRISTITO A. ECO**  
BAC Chairperson

## TECHNICAL SPECIFICATIONS

Item	Specification	Statement of Compliance
1	<b>Meals for the NCR delegation for Palarong Pambansa 2024</b>	
	<b>BFAST: High Protein and High Calorie</b> -2 protein dish (Beef/Pork and Chicken/Fish) -egg (boiled, scrambled, sunny side up; varies per day) -with vegetable side dish (sliced cucumber, tomatoes, carrots, atsara) -Steamed rice -Fried rice -Banana/apple/ponkan (varies per day) -free flowing choco malt drink and coffee	
	<b>LUNCH: High Protein, High Calorie and High Fiber</b> -Preferably one dish meals (with protein and vegetables) -Viand 1: Pork/Beef -Viand 2: Chicken/Fish -Vegetable dish -Steamed rice -Soup -Fresh fruit (varies per meal, per day) -Dessert (sweets/pastry) -Drinks with no artificial sugar added	
	<b>DINNER: High Protein, High Calorie and High Fiber</b> -Preferably one dish meals (with protein and vegetables) -Viand 1: Pork -Viand 2: Chicken/Fish -Vegetable dish -Steamed rice -Soup (optional if viands does not have soup) -Fresh fruit (varies per meal, per day) -Dessert (sweets/pastry) -Drinks with no artificial sugar added	
	<b>SNACKS: High calorie, high fiber snacks with moderate protein</b> -snacks that can be easily packed (whole wheat bread sandwiches, oatmeal raisin cookies, energy bars, etc.) -served with no artificial sugar added juice or colorless electrolyte drink	
	<b>Other specifications:</b> -Halal meals for Muslim children and guests -No artificial sweeteners and seasoning -No single use plastics; must provide disposable wooden spoon and fork; if must use plastic, use plastic made of oxo-biodegradable material	



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**PROPOSED SAMPLE MENU FOR PALARONG PAMBANSA 2024**

DAY 1-4	DAY 1	DAY 2	DAY 3	DAY 4
BFAST *all with boiled egg and banana *free flowing choco drink and coffee	Arroz ala Cubana  Tinapa w/ Ensaladang Talbos ng Kamote	Pork/Beef Tapa w/ Cucumber and Tomatoes  Chicken Sopas	Chicken Tocino w/ Tomato- Cucumber Slices  Tuyo	Tortang Talong at Giniling  Luncheon Meat
AM SNACK	Hotdog deluxe (w/ Lettuce and cheese)	Tuna Pie	Puto Pao	Whole Wheat Chicken Sandwich
LUNCH *free flowing drinks	Chicken/Pork Ala King Pata Tim Lumpiang Hubad Fresh Fruit Slices Crab & Corn Soup	Pork Caldereta Chicken Inasal Ensaladang Talong Fresh fruits Sinigang Soup	Beef Karekare Dalagang Bukid Escabeche Fresh fruits Chicken noodle soup	Menudo Chicken Cordon Bleu Buttered Vegetables Fresh fruits Mushroom soup
PM SNACK	Turon	Raisin wheat bread w/ peanut butter	Whole wheat cheesy egg sandwich w/ lettuce	Camote fries
DINNER *free flowing drinks	Sweet and Sour Pork Fish shanghai Chopsuey Fresh fruits Corn soup	Fish fillet in Mango Salsa Beef Salpicao Mixed vegetables Fresh fruits Mushroom soup	Hawaiian Pork Chicken Pastel Steamed Vegetables Fresh Fruits Wonton Soup	Chicken Tinola Pork spare ribs Ginataang Sitaw at Kalabasa Fresh fruits



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DAY 5-8	DAY 5	DAY 6	DAY 7	DAY 8
BFAST *all with boiled egg and banana *free flowing choco drink and coffee	Daing na Bangus Steamed Okra and Talong  Lomi	Morcon  Pancit Guisado	Tuna Cabbage Patties  Smoked Ham	Chicken Adobo and Fresh Tomato and cucumber slices  Danggit
AM SNACK	Tuna salad wrap	Kamote cheese buchi	Chicken Empanada	Pizza Bread
LUNCH	Soy Chicken in Oyster Sauce Pork Curry Togue Guisado Fresh fruits Miso Soup	Salmon w/ Tomato and spinach Fried chicken w/ creamy garlic sauce Fresh fruits Pumpkin soup	Monggo Guisado Fried Tinapa Pork BBQ Fresh Fruits Miswa Soup	Pinakbet with Fried Galunggong Pork Shanghai Fresh Fruits Molo Soup
PM SNACK	Banana Que	Hopia Baboy/Monggo	Cheesy Corndog	Cheese burger
DINNER *free flowing drinks	Salt and Pepper Pork Tuna Pochero Fresh fruits Clear vegetable soup	Chicken Pastel Pork Humba Braised Vegetables Fresh fruits Oriental Soup	Pork Afritada Sinabawang Isda at Gulay Fresh fruits	Pork Mechado Rellenong Bangus Tofu Pechay Guisado Fresh Fruits Sinigang soup



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DAY 9-11	DAY 9	DAY 10	DAY 11
BFAST *all with egg dish and banana *free flowing choco drink and coffee	Longganisa w/ Atsara  Ampalaya Guisado	Sausage w/ Pork and Beans  Chicken embutido	Corned Beef Guisado  Chicken caldo
AM SNACK	Whole wheat tuna sandwich	Whole wheat Ham w/ TLC sandwich	Siopao
LUNCH *free flowing drinks	Beef Broccoli Chicken Parmesan Sipo Egg Fresh Fruits Vegetable Hot & Sour soup	Pork tonkatsu Pininyahang manok Tofu vegetable stirfry Fresh fruits Egg drop soup	Orange chicken Beef stroganoff Fresh fruits Tomato soup
PM SNACK	Choco banana pancake	Nilupak w/ cheese	Banana fritters
DINNER *free flowing drinks	Grilled Liempo Sinigang na Bangus sa Miso Fresh fruits	Pork Igado Fish Tinola Fresh fruits	Pork Guisantes Sinampalukang Manok Garlic Kangkong Stirfry Fresh fruits

\*Halal meals for Muslim children and guests.

\*Use whole wheat bread for sandwiches.

\*No artificial sweeteners and seasoning.



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## Statement of Compliance

I/We have read and understood the requirements/scope of service/terms of reference and conditions stipulated herein and shall therefore comply to the conditions set forth in the Contract with respect to this **Section VII. Technical Specifications** if our bid is considered for award.

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Name and Signature of Bidder's Authorized Representative