



Republic of the Philippines  
**Department of Education**  
 NATIONAL CAPITAL REGION

July 31, 2024

**REGIONAL MEMORANDUM**

No. 760, s. 2024

**To:** Schools Division Superintendents  
 Head- School Health Section

**ROLL OUT TRAINING ON THE UNIVERSAL PREVENTION CURRICULA FOR  
 SUBSTANCE USE (CURRICULUM 4: FAMILY BASED PREVENTION  
 IMPLEMENTATION SYSTEM)**

1. The School Health and Nutrition Unit- Education Support Services Division (SHNU-ESSD) of DepEd- NCR will conduct a 5-day roll out training on the Universal Prevention Curricula (UPC) for Substance Use- Curriculum 4: Family based Prevention Implementation System on August 27- 30, 2024 at a venue to be announced (TBA). This is part of the nine (9) series curriculum of UPC. The said activity is in line with the National Drug Education Program (NDEP) of the Department of Education which aims to train NDEP coordinators and other health professionals on UPC to update their knowledge on the current developments in the substance use prevention in the family, which is the basic unit of the society. The participants for this training are schools division office personnel who had undergone UPC 1.

2. In view of this, the following health personnel are required to attend:

| Place of work       | Name                   | Designation/Position      |
|---------------------|------------------------|---------------------------|
| DepEd- NCR-RO       | Connie P. Gepanayao    | Medical Officer IV        |
| DepEd- NCR- RO      | Merlino M. Mateo       | Dentist III               |
| DepEd- NCR- RO      | Jennifer V. Belleza    | Nutritionist/Dietitian II |
| SDO Caloocan City   | Ma. Joy D. Geronimo    | Nurse II                  |
|                     | Alexander D. Bernardo  | Guidance Counselor        |
|                     | Lilina Candelaria      | Guidance Counselor        |
|                     | Mae Dimzon             | Guidance Counselor        |
|                     | Ida R. Zabala          | Guidance Counselor        |
| SDO- Las Pinas City | Evangelyn Ariza        | Nurse II                  |
|                     | Levie Rizza P. Eusebio | Nurse II                  |
|                     | Joan M. Espanto        | Nurse II                  |
|                     | Ronaldo de la Cruz     | Dentist II                |
|                     | Xyra Marie M. Bronia   | Nurse II                  |
| SDO Makati          | Leny Fe T. Insigne     | Nurse II                  |
|                     | Noemi de Veyra         | Guidance Counselor        |
|                     | Lea A. Torio           | Nurse II- NIC             |



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| SDO- Malabon        | Carina C. Samarita         | Nurse II            |
|                     | Erika Manalastas           | Guidance Counselor  |
|                     | Arlene Ramos               | Nurse II            |
| SDO Manila          | Elizabeth G. Nunez         | EPS                 |
|                     | Reynaldo Gonzalez          | Guidance            |
|                     | Liza de Dios               | Guidance Counselor  |
|                     | Rosarita Silva             | Guidance Counselor  |
|                     | Teresa Lazo                | Guidance Counselor  |
| SDO Mandaluyong     | Jecris R. Garol            | EPS                 |
|                     | Eduard H. Mesina           | Guidance Counselor  |
|                     | Guadosa V. Macospag        | Guidance Counselor  |
|                     | Honeylet M. Cativo         | Guidance Counselor  |
|                     | Michelle Garcia            | Nurse II            |
|                     | Ma. Arlene Cagalawan       | Nurse II            |
|                     | Janet C. Soriano           | Nurse II            |
|                     | Dr. Ma. Victoria Bernaldez | Dentist II- TWG     |
| SDO Muntinlupa      | Ma. Teresa S. Indap        | Nurse II- NIC       |
|                     | Cecilia Teresa C. Claudel  | EPS, Soc Mob        |
|                     | Cecilia Ponce              | Guidance Counselor  |
| SDO Navotas         | MaryJane M. Mendiola       | Nurse II- NIC       |
|                     | Ma. Oliva C. Calimag       | Guidance Counselor  |
|                     | Harry B. Abalos            | Nurse II            |
| SDO Paranaque       | Orlando L. Rojas           | Nurse II- NIC       |
|                     | Nio S. Ybarola             | Nurse II            |
|                     | Eleanor Buduan             | Guidance Counselor  |
|                     | Loida Nacional             | Guidance Counselor  |
|                     | Garry C. Guijarno          | Guidance Counselor  |
| SDO Pasay           | Ma. Recelle E. Reyes       | Medical Officer III |
|                     | Caroline G. Sarmiento      | Nurse II            |
|                     | Janet Agati                | MAPEH head          |
|                     | Marra Allysa Santiago      | Guidance Counselor  |
|                     | Marites Legaspi            | Guidance Counselor  |
| SDO Pasig           | Anna Lissa C. Manay        | Nurse II            |
|                     | Sarah J. Colarina          | Principal/EPS       |
| SDO Quezon City     | Dante D. Nacpil            | Medical Officer III |
|                     | Jose S. Trinidad Jr.       | Medical Officer III |
|                     | Nestor S. Domagas          | Medical Officer III |
|                     | Ederlina Balena            | EPS                 |
|                     | Narciso E. Costales Jr.    | Nurse III           |
|                     | Ma. Christina Estoesta     | Nurse III           |
|                     | Judy Kate C. Fonacier      | Nurse II            |
|                     | Lorena Castillo            | Guidance Counselor  |
|                     | Cleopatra Daisy Aguinaldo  | Guidance Counselor  |
|                     | Elenita Bagongon           | Guidance Counselor  |
| Mario Teneza        | Guidance Counselor         |                     |
| Isabelita I. Ceraon | Guidance Counselor         |                     |



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|-------------------|-----------------------------------|--------------------|
|                   | Darryl C. Correa                  | Guidance Counselor |
|                   | Gina Hibionada                    | EPS                |
|                   | Michael Norbert de Guzman         | Nurse II           |
|                   | Dave Tandoc II                    | Nurse II           |
|                   | Karen Mary Joy S. de Vera         | Nurse III          |
|                   | Jason O. Lim                      | Nurse II           |
|                   | Maria Ailen D. Padilla            | Nurse II           |
|                   | Ma. Erica B. Cruz                 | Nurse II           |
|                   | Mabel C. Briones                  | Nurse II           |
|                   | May Ann D. Narag                  | Nurse II           |
|                   | Leonora G. Evangelista            | Nurse II           |
|                   | Marietta G. Macaraig              | Nurse II           |
|                   | Emiline V. Ragasa                 | Nurse II           |
|                   | May D. Garcia                     | Nurse II           |
|                   | Marijoy Angelica M. Santos        | Nurse II           |
|                   | Aireen B. Gaviola                 | Nurse II           |
|                   | Maria Rowena P. Garcia            | Nurse II           |
|                   | Flordeliza J. Bague               | Nurse II           |
|                   | Gemi Ann C. Gavasan               | Nurse II           |
|                   | Jonathan D. Acuyan                | Nurse II           |
|                   | Twinkle Joyce P. Chavez           | Office Aide        |
|                   | Karen Y. Belagan                  | Nurse III          |
|                   | Rudolph John Dato                 | EPS,Soc Mob        |
|                   | Ma. Jesusa Cunanan                | SEPS               |
|                   | Philip Austria                    | EPS                |
|                   | Marietta Caballero                | EPS                |
| Sergio Osmena HS  | Jesusa Din                        | Guidance Counselor |
| SDO Marikina      | Junilord N. Tormes                | Nurse II           |
|                   | Mei P. Opano                      | Head teacher III   |
|                   | Maria Filipinas S. Toledana       | Head teacher III   |
|                   | Eunice P. Songcayauon             | Head teacher VI    |
| SDO San Juan City | Via May S. Popes                  | Nurse II           |
|                   | Marie Rosemarie Annie F. Mate     | Guidance Counselor |
| SDO TAPAT         | Elmer E. Corsino                  | Nurse II           |
|                   | Frissa L. Navaro                  | Guidance Counselor |
|                   | Melanie Dungan                    | Guidance Counselor |
|                   | Maridel Rafael                    | Guidance Counselor |
|                   | Liberty H. Bernardo               | Guidance Counselor |
|                   | Jeanette B. Urbana                | Nurse II- NIC      |
| SDO Valenzuela    | Adelaine P. Javate                | Dentist III        |
|                   | Basilio I. Cabasug II             | Nurse II           |
|                   | Jennifer E. Dadula                | Nurse II- NIC      |
|                   | Micah Dianne Margaret M. Padrinao | Nurse II           |
|                   | Alma C. Vergara                   | Nurse II           |
|                   | Rhett Ryan Catada                 | Guidance Counselor |
|                   | Ponciano de los santos            | Guidance Counselor |



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|---------------|-------------------------|--------------------|
|               | Milagros Dideles        | Guidance Counselor |
|               | Elias Adrian Santos     | PDO 1              |
|               | Glesie F. Caballo       | Nurse II           |
| DepEd NCR-RO  | Minalyn Morante         | TA- II- COS        |
| DepEd NCR- RO | Eunice Labon            | TA- 1- COS         |
| DepEd NCR- RO | Daniel Morris Dimaguiba | IT                 |

3. For clarification and further information, please contact Dr. Connie P. Gepanayao, MD, FPPS, Medical Officer IV through email address : [hnu.ncr@deped.gov.ph](mailto:hnu.ncr@deped.gov.ph).

4. Immediate and wide dissemination of this Memorandum is desired.

**JOCELYN DR ANDAYA**  
Director IV



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