

Republic of the Philippines
Department of Education
 NATIONAL CAPITAL REGION

REGIONAL MEMORANDUM
ORD. No. 920 S. 2024

TO : Schools Division Superintendents
 All Other Concerned Staff

FROM : **JOCELYN DR. ANDAYA**
 Director IV

SUBJECT : **ENDORSEMENT OF THE CONDUCT OF DISSEMINATION FORUM FOR A RESEARCH BY THE NUTRITION COUNCIL OF THE PHILIPPINES**

DATE : August 27, 2024

1. Attached is the Unnumbered Memorandum from the Office of the Assistant Secretary for Operations dated August 01, 2024, from Atty. Revsee A. Escobedo, Undersecretary for Operations of DepEd Central Office, Pasig City, relative to the abovementioned subject, contents of which are self-explanatory, for appropriate action.
2. For queries and concerns, please contact Dra. Connie P. Gepanayao, Medical Office IV/Head, School Health and Nutrition Unit and Regional Focal Person for the School Mental Health Program at hnu.ncr@deped.gov.ph.
3. Immediate dissemination of this Memorandum is desired.



Address: 6 Misamis St., Bago Bantay, Quezon City
 Email address: ncr@deped.gov.ph
 Website: depedncr.com.ph

Doc. Ref. Code	RO-ORD-F005	Rev	00
Effectivity	01.26.23	Page	1 of 1



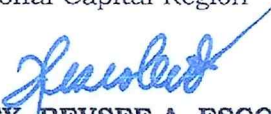


Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM
OM-OUOPS-2024- - -

TO : **JOCELYN DR. ANDAYA**
Regional Director
National Capital Region

FROM : 
ATTY. REVSEE A. ESCOBEDO
Undersecretary for Operations

SUBJECT : **ENDORSEMENT OF THE CONDUCT OF DISSEMINATION FORUM FOR A RESEARCH BY THE NUTRITION COUNCIL OF THE PHILIPPINES**

DATE : August 1, 2024

The Office of the Assistant Secretary for Operations (OASOPS), through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), has been in close coordination with the Nutrition Council of the Philippines (NCP), for a **research dissemination forum of their study entitled "Impact assessment of the COVID-19 pandemic on the health and emotional lives of children and their adult caregivers in Manila, Philippines."** The dissemination forum aims to 1) communicate results of the study on factors impacting the mental health of school-aged children and their caregivers during the COVID-19 pandemic, 2) identify and discuss best practices of schools and local government units (LGUs) that facilitate or hinder mental health and academic performance of school-aged children, and 3) assess and formulate interventions and/or recommendations to address the emerging mental health needs of school-aged children due to the COVID-19 pandemic. For further details regarding the forum, kindly refer to the enclosed concept note (**Enclosure A**).

Such initiative is in line with the mandate of DepEd to promote mental health and well-being in the basic education sector and contributes to the Department's efforts through the BLSS-SHD to strengthen the School Mental Health Program (SMHP).

With this, the BLSS-SHD respectfully **endorses the NCP to your good office for the conduct of the dissemination forum.** Accordingly, we would like to **request your assistance and support in facilitating the forum with NCP.**



Room 101, Rizal Building, DepEd Complex, Meralco Avenue, Pasig City 1600
Telephone Nos.: (02) 8633-5313; (02) 8631-8492
Email Address: oure@deped.gov.ph | Website: www.deped.gov.ph

Doc. Ref. Code	OM-OUOPS	Rev	01
Effectivity	03.23.23	Page	1 of 2



Certification No. PMP 045
27.33.2085

For initial discussion and necessary preparations, your office may directly coordinate, through your designated technical personnel, with Ms. Jyn Allec Samaniego of the NCP, through email at jsamaniego@ncp.org.ph or mobile number, 09760287939.

For queries and concerns, please contact **Amina Aisa H. Boncales**, Technical Assistant II for SMHP Monitoring and Evaluation, BLSS-SHD through blss.shd@deped.gov.ph, cc: schoolmentalhealth@deped.gov.ph, amina.boncales@deped.gov.ph or you may directly coordinate with NCP.

For your appropriate action.



Room 101, Rizal Building, DepEd Complex, Meralco Avenue, Pasig City 1600
Telephone Nos.: (02) 8633-5313; (02) 8631-8492
Email Address: oure@deped.gov.ph | Website: www.deped.gov.ph

Doc. Ref. Code	OM-OUOPS	Rev	01
Effectivity	03.23.23	Page	2 of 2



Impact assessment of the COVID-19 pandemic on the health and emotional lives of children and their adult caregivers in Manila, Philippines

Dissemination Forum Concept Note

Background

Directly and indirectly, the COVID-19 pandemic caused unprecedented death and disability and disrupted virtually all aspects of society. While children are generally less susceptible to severe disease, they have been deeply affected by the downstream effects of the pandemic and the public health measures put in place to mitigate community spread.

Since the start of January 2020, from a population of around 113 million people, there have been almost four million confirmed cases of COVID-19 in the Philippines with close to 63,000 deaths nationwide.^{1,2} The government of the Philippines placed the Luzon archipelago on enhanced community quarantine on March 16, 2020, five days after the WHO declared COVID-19 a pandemic.³ Enhanced community quarantine meant a swift transition to work-from-home arrangements; closure of non-essential businesses; restriction of travel, including public transportation; cessation of classes and school activities; and strict home quarantine.⁴

The abrupt end to the school year in March 2020 affected nearly 25 million Filipino students.⁵ The new school year, delayed by the government's "no vaccine, no classes" policy, started in October 2020 and consisted solely of online classes, printed materials, and lessons broadcast over television and social media.^{5,6} In August 2022, almost two and a half years since the initial lockdown, Filipino schools reopened their doors to in-person learning. Less than half of the schools in the nation resumed in-person classes five days a week, while the remainder of schools implemented a hybrid learning system in place until November 2022. Students attending school in person are required to undergo COVID-19 screening procedures before being let into the building.⁶

Studies done in the early months of the pandemic found that the national school closures especially had an adverse effect on school-aged children in the Philippines, including on their physical and emotional well-being, as well as academic achievements. The ICAP at Columbia University commissioned the Nutrition Center of the Philippines to conduct a study on exploring the impact of COVID-19 pandemic and associated mitigation measures on the emotional and mental health of children and families in selected schools in Metro Manila, the Philippines. The insights gained from this research are expected to inform policy decisions and the scaling up of mental health programmes among children and their caregivers.

Objectives

1. Disseminate the factors that impact the mental health, household and peer relationships, academic achievements, and behavior challenges among school-aged children and their caregivers during the COVID-19 related restrictions.

2. Identify the factors the best practices of the schools and local government units, as well as the factors that facilitate or hinder the mental health and academic performance of the school-aged children.
3. Assess and formulate interventions and recommendations on the emerging needs of school-aged children on education and mental health due to COVID-19 related restrictions

Task Agreements (for discussion/ finalization)

Tasks	Person/Agency Assigned
Programme Committee - content and program flow; presentation materials; host, facilitators and documenters;	
• Host	NCP
• Resource Persons/ Facilitators for workshop	NCP, DepEd, DOH
• Documenter	NCP
Registration Committee - Invitation and registration (LORs to target audience, venue, flight bookings, per diem, hotel accommodation, transportation allowance, Certificates of Appearance/Appreciation, and others)	
• Venue & Accommodation	ICAP
• Preparation of the list of participants	DepEd and DOH
• Invitation letters signatory	DepEd and DOH
• Online invitations/soft invites	NCP
• Certificates of Appearance/Participation	NCP
Theme & Design Committee	
• Event logo & design themes	NCP
• Poster	NCP

Budget Allocation

- ICAP at Columbia University and ICAP Philippines will be responsible for covering the expenses related to the venue, meals, and participants' accommodation.
- LGUs, DOH and DepEd Local Offices, and participating agencies will be responsible for covering their transportation expenses, including gasoline, toll fees, fares, and allowances.

Program of Activities (draft; for consultation)

Time	Activity	PIC
8:00- 8:15 am	Registration	% NCP
8:15 - 8:30 am	National Anthem Opening Prayer	
8:30 - 8:40 am	Opening Remarks	
8:40 - 10:30 am	Assessing the impact of the COVID-19 pandemic on the health and emotional lives of children and their adult caregivers in Metro Manila, Philippines	% NCP
10:30- 10:45 am	[insert related local study/ies from DepEd]	
10:45 - 11:00 am	[insert related local study/ies from DOH]	
11:00 - 11:30 am	House Bill No. 6574: Basic Education Mental Health and Well-Being Promotion Act	
11:30 -12:00 nn	Implementation Status of DepEd Learning Continuity Plan	% DepEd
12:00 nn- 1:00 pm	Lunch Break	
1:00 - 3:00 pm	Workshop Activity	
3:00 - 4:00 pm	Presentation of Recommendations Q and A / Open Forum	

Target Participants

The Dissemination Forum will engage approximately 40 onsite participants. Workshop attendees will comprise representatives focusing on academic curriculum, mental health programs from the DOH, DepEd, local government units, and related CSO partners. Additionally, the event will also include participants from study schools sites.

Workshop Matrix

Participants will be grouped into three groups: (1) Stakeholders related to Education System Curriculum (2) LGUs and Regional and Provincial DepEd Offices, related to Mental Health

programs/ services and (3) Deped Division Head/ School -level reps for school-level interventions. A Facilitator and a Documentor will be assigned to each group.

Workplan templates will be shared with each group. A link of a google sheet form will be shared to each group for their use to record their activity plans. Each group must identify who will be the Group Leader that will present the group's outputs during the plenary after the workshop.

Identified problems and challenges	Interventions	Activities	Timeline	PIC

References

1. Johns Hopkins University & Medicine. Philippines - COVID-19 overview 2022. Available from: <https://coronavirus.jhu.edu/region/philippines>.
2. The Information Architects of Encyclopaedia Britannica. Philippines: Facts & Stats. Available from: <https://www.britannica.com/facts/Philippines>.
3. Tee ML, Tee CA, Anlacan JP, Aligam KJG, Reyes PWC, Kuruchittham V, Ho RC. Psychological impact of COVID-19 pandemic in the Philippines. *J Affect Disord.* 2020;277:379-91. Epub 2020/08/31. doi: 10.1016/j.jad.2020.08.043. PubMed PMID: 32861839; PMCID: PMC7444468.
4. Official Gazette Philippines. Memorandum from the executive secretary on community quarantine over the entire luzon and further guidelines for the management of the coronavirus disease (COVID-19) situation. 2020.
5. Guzman Cd. The Philippines Still Hasn't Fully Reopened Its Schools Because of COVID-19. What Is This Doing to Children? : *Time*; 2021. Available from: <https://time.com/6124045/school-closures-covid-education-philippines/>.
6. Jalil ZA. Philippine students return to school for the first time since Covid: BBC; 2022. Available from: <https://www.bbc.com/news/world-asia-62629046>.
7. Rosales RJJ, Pagsuyoin JCC. Entering a new academic year: the problem faced in online learning amid COVID-19 pandemic. *J Public Health (Oxf).* 2022;44(3):e463-e4. Epub 2021/07/27. doi: 10.1093/pubmed/fdab299. PubMed PMID: 34308477; PMCID: PMC8344503.



Republic of the Philippines
Department of Education

ROUTING SLIP

This document has been encoded in the DepEd - Document Management System and routed to the appropriate office/s with the following information:

Sender: **Eliaher Ramos**
Subject: **Endorsement of the Conduct of Dissemination Forum for a Research by the Nutrition Council of the Philippines**
Document Code: **CO-BLSS1-2024-07-1083**
Date and Time Added: **2024-JUL-05 05:28:17 PM**
Created by: **BLSS - School Health Division**



To ensure the traceability and continuity of the document, kindly update all actions taken using the same document code.

DATE (y-m-d)	FROM (Please indicate Name, Position and Office)	FOR (Please indicate Name, Position and Office)	NOTES / RECOMMENDATION / INSTRUCTION	RECEIVED BY (Please indicate Name, Office, Date and Time)
8-1-24	SHD	BLSS-00	FOR APPROVAL	Amey 8-1-2024
8-1-24	BLSS-00	BLSS-5600	w/DJGH Initial	Received by: JO LIQUIGAN Date/Time: 8/1/24 3:33pm
8-1-24	SHD	DRSOPS	FOR APPROVAL	MJ Gamao 8-2-2024 8:35AM

DS232



Republic of the Philippines
Department of Education

09-05582

ROUTING SLIP

This document has been encoded in the DepEd - Document Management System and routed to the appropriate office/s with the following information:

Sender: **Ellafher Ramos**
 Subject: **Endorsement of the Conduct of Dissemination Forum for a Research by the Nutrition Council of the Philippines**
 Document Code: **CO-BLSS1-2024-07-1083** *one not paper to email*
 Date and Time Added: **2024-JUL-05 05:28:17 PM**
 Created by: **BLSS - School Health Division**



To ensure the traceability and continuity of the document, kindly update all actions taken using the same document code.

DATE (y-m-d)	FROM (Please indicate Name, Position and Office)	FOR (Please indicate Name, Position and Office)	NOTES / RECOMMENDATION / INSTRUCTION	RECEIVED BY (Please indicate Name, Office, Date and Time)
07/05	SHD	OASORS	FOR APPROVAL	
7/09	OASORS-LSS	O-UOPS	FOR APPROVAL	Received 7:19 PM 7.10.24 Sena-LSS
		SHD	FAB / OMS - KINDLY USE THE CORRECT TEMPLATE. THANK YOU.	8:37 AM PED PINTO JULY 15, 2024
7-16-24	SHD	BLSS-OD	FOR APPROVAL	ANNA 7/16/24 10:46 am
7-17-24	BLSS-OD	JHD	For Revision	

03232