





Republic of the Philippines

Department of Education

NATIONAL CAPITAL REGION

REGIONAL MEMORANDUM ORD-2024-1155

TO : SCHOOLS DIVISION SUPERINTENDENTS

SDO Caloocan City SDO Las Pinas City SDO Makati City SDO City of Manila SDO Mandaluyong City

SDO Marikina
SDO Muntinlupa
SDO Paranaque
SDO Pasig
SDO Quezon City
SDO TAPAT
ESSD-OIC, Chief

CLMD-OIC, Chief

FROM: THE OFFICE OF THE REGIONAL DIRECTOR

SUBJECT: NAVIGATING WELLNESS: CLUSTERRED/REGIONAL

SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE

HEALTH (ARH)

DATE : September 23, 2024

1. Attached is Memorandum DM-OUOPS-2024-09-06856 from Atty. Revsee A. Escobedo, Undersecretary for Operations dated August 19, 2024 titled "Navigating Wellness: Clustered/Regional Symposium on Child and Adolescent Reproductive Health (ARH)" on December 9-13, 2024 in a venue at Region III.

2. In this connection, the following Non-teaching personnel are invited to attend:

NAME	PLACE OF WORK	DESIGNATION
Connie P. Gepanayao	DepEd-NCR-RO	Medical Officer IV
Andrew Tan	DepEd-NCR-RO	Education Program Supervisor







Address: 6 Misamis St., Bago Bantay, Quezon City

Email address: ncr@deped.gov.ph Website: depedncr.com.ph

Doc. Ref. Code	RO-ORD-F005	Rev	00
Effectivity	01.26.23	Page	1 of 1





Republic of the Philippines

Department of Education

NATIONAL CAPITAL REGION

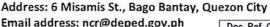
SDO- Manila	Nurse II
SDO-Caloocan	Nurse II
SDO-QC	Nurse III
SDO- Mandaluyong	Nurse II
SDO- Paranaque	Nurse II
SDO-TAPAT	Nurse II
SDO- MUntinlupa	Nurse II
Lagro High School-SDO QC	Registered Guidance Counselor
SDO-QC	EPS II
SDO-Makati	PDO II
SDO- Mandaluyong	PDO I
SDO-Manila	PDO I
SDO-Las Pinas	
SDO-Marikina	PDO I
SDO-Pasig	PDO I
SDO-Las Pinas	Nurse II
	SDO-Caloocan SDO-QC SDO-Mandaluyong SDO- Paranaque SDO-TAPAT SDO-MUntinlupa Lagro High School-SDO QC SDO-QC SDO-Makati SDO-Mandaluyong SDO-Mandaluyong SDO-Manila SDO-Las Pinas SDO-Marikina SDO-Pasig

- 3. Regions are encouraged to set up the booth creatively to showcase their good practices. The booth can also incorporate elements of local culture, arts, and traditions, showcase success stories and testimonials highlighting regional initiatives that have positively impacted learners and educators, and show virtual tours, multimedia presentations and interactive displays.
- 4. Meals and accommodation, supplies and materials, advocacy and training kits of the participants will be charged to the host region's program support funds (PSF). However, the participants' travel expenses from other regions and SDOs will be charged to the sending offices' ARH PSF. All expenses are subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages.









Website: depedner.com.ph

Doc. Ref. Code	RO-ORD-F005	Rev	00
Effectivity	01.26.23	Page	1 of 1





Republic of the Philippines

Department of Education

NATIONAL CAPITAL REGION

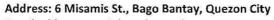
- 5. For questions and clarifications, please contact Dr. Connie P. Gepanayao, MD, FPPS, Medical Officer IV of SHNU-DepEd NCR via email at hnu.ncr@deped.gov.ph or cellphone number 09189411154.
- 6. Immediate and wide dissemination of the Memorandum is desired.

JOCELYN DR. ANDAYA,CESO III

Director IV







Email address: ncr@deped.gov.ph Website: depedncr.com.ph

Doc. Ref. Code	RO-ORD-F005	Rev	00	
Effectivity	01.26.23	Page	1 of 1	





Republika ng Pilipinas

Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM DM-OUOPS-2024-89 - DL 956

TO

: REGIONAL DIRECTORS

MINISTER, BASIC, HIGHER, AND TECHNICAL EDUCATION,

BARMM

SCHOOLS DIVISION SUPERINTENDENTS

ESSD AND SGOD CHIEFS

SELECT ARH FOCALS/COORDINATORS

SELECT YOUTH FORMATION COORDINATORS

SELECT SCHOOL HEADS ALL OTHERS CONCERNED

FROM

ATTY. REVSEE A. ESCOBEDO

Undersecretary for Operations

SUBJECT

: NAVIGATING WELLNESS: CLUSTERED/REGIONAL

SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE

HEALTH (ARH)

DATE

: August 19, 2024

1. Pursuant to Republic Act No. 10354 known as the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012, DepEd Order No. 31, s. 2018 or the Policy Guidelines on the Implementation of the Comprehensive Sexuality Education (CSE); and DM-OUOPS-2024-09-02440 titled Implementing Guidelines on the Allocation, Utilization, Documentation, and Reporting of Program Support Funds (PSF) for the Field Implementation of the Adolescent Reproductive Health Program for FY 2024, DepEd Regions III, VI, and XI in close coordination with the Bureau of Learner Support Services-School Health Division (BLSS-SHD) will be hosting an event titled: "Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health." The schedule is as follows:

Cluster	Dates	Venue		
1	September 23-27, 2024	Within Region III (Central Luzon)		
2 October 7-11, 2024		Within Region VI (Western Visayas		
3	3 November 4-8, 2024 Within Region XI (Davao Re			

2. The event is a back-to-back activity, a symposium, and an orientation on peer health navigation that will equip adolescents with the knowledge and support they need to confidently navigate their reproductive health and wellness choices. By focusing on education, peer navigation, and community engagement, this event seeks to create a supportive environment that fosters informed decision-making, referral, and enhanced







Doc. Ref. Code	DM-OUOPS	Rev	01
Effectivity	03.23.23	Page	1 of 2

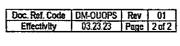


access to health services. The symposium's comprehensive approach will contribute to the overall well-being of adolescents, preparing them for a healthier future.

- 3. The activity specifically aims to:
 - a. **Educate Adolescents:** Provide comprehensive education on reproductive health topics, including puberty, STI prevention, mental health, and healthy relationships.
 - b. Empower Peer Support: Train adolescents to become peer health navigators, equipping them with the skills to support their peers in making informed health decisions and accessing necessary services.
 - c. Promote Healthy Decision-Making: Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental and emotional well-being.
 - d. Enhance Service Access: Improve access to reproductive health services by teaching adolescents how to navigate healthcare systems and utilize available resources effectively.
 - e. Community Partnership and Engagement: Advocate for supportive community involvement, engagement, and referral in adolescent health.
- 4. The event is coordinated closely with the host regions, which will provide the necessary administrative and logistical preparations and assistance in implementing the activity.
- 5. Participants per region are the Regional ARH and CSE Focals, Guidance counselor representative, ARH Focals trained on Peer Health Navigation (PHN) last August 7-9, 2024, selected Schools Division Offices (SDO) ARH Focals with their Youth Formation Focals and youth leaders. The number of participants is listed in Annex A. Please secure parents' consent for the learners' participation.
- 7. Regional Focals are requested to facilitate the identification of their participants. Please access the link to complete the list: https://rb.gy/oda632.
- 8. Regions are encouraged to set up the booth creatively to showcase their good practices. The booth can also incorporate elements of local culture, arts, and traditions, showcase success stories and testimonials highlighting regional initiatives that have positively impacted learners and educators, and show virtual tours, multimedia presentations, and interactive displays.
- 9. Meals and accommodation, supplies and materials, advocacy and training kits, honorarium and tokens of appreciation, and travel expenses of the host participants and of the resource persons and facilitators will be charged to the host region's ARH program support funds (PSF). However, participants' travel expenses from other regions and SDOs will be charged to the sending offices' ARH PSF. All expenses are subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages.
- 10. For questions and clarification, please contact **Dr. Maria Corazon C. Dumlao**, Chief Health Program Officer, and **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III of BLSS-School Health Division, via email at blss.shd@deped.gov.ph, copy furnished arh@deped.gov.ph, or telephone number (02) 8632-9935.

BLSS-SHD/PSR







NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH (ARH)

"Empowering Adolescents: Guiding Paths to Health, Wellness, and Support"

September 23-27, 2024 / Region III October 7-11, 2024 / Region VI November 4-8, 2024 / Davao, Region XI

Indicative PROGRAM OF ACTIVITIES

DAY 1: EMPOWERN	IENT THROUGH EDUCATION	
Time	Activities	Person Responsible
12:00pm-2:00PM	Registration of participants	Secretariat
	LUNCH	
	PRELIMINARIES	
	- Invocation	 Facilitator
	- National Anthem	
	- Recognition of Participants	
2:00pm-5:00pm	Opening Message	Dr. Dexter A. Galban Assistant Secretary for Operations
	Inspirational Message	Atty. Revsee A. Escobedo
	Inspirational Message	Undersecretary for Operations
	Setting of expectations	diagrams, in openions
	Program flow	Facilitator/s
	Groupings & House Rules	
	REMINDERS	Emcee
		· · · · · · · · · · · · · · · · · · ·
DAY 2: HEALTH AI	ND WELLNESS SYMPOSIUM	
Time	Activities	Person Responsible
3:30am-9:00am	PRELIMINARIES	Facilitator
· · · · · · · · · · · · · · · · · · ·	Session I: Empowering Adolescents: The	- Resource Person
9:00am-10:30am	Importance of Sexuality and Reproductive	- Facilitators
	Health Education	
	Session 2: Healthy Relationships and Consent	
10:30am-12:00nn	Topics: Consent, recognizing healthy and unhealthy	Resource PersonFacilitators
10-00 1-00	relationship behaviors.	- Facilitators
12:00pm-1:00pm	LUNCH	
1:00pm-2:30pm	Session 3: Gender Equality and Reproductive Rights	- Resource Person - Facilitators
1:00pm-2:30pm	Topic: Promoting gender equality and understanding reproductive rights.	- Facilitators
2:30pm-3:30pm	Session 4: Navigating and Accessing Health Services	- Resource Person
2,00pm-0.00pm	Topics: Identifying local resources, navigating	- Facilitators
	School - healthcare systems.	
3:30pm-4:30pm	Session 5: Community Engagement and Advocacy	- Resource Person
-	- Panel Discussion	- Facilitators
	- Question and Answer from the audience	
4:30pm-5:00pm	Recap of key learnings, participant feedback, and	Emcee
	plans for continued engagement and advocacy.	
	REMINDERS	1
· · · · · · · · · · · · · · · · · · ·		a,
4, 45	The state of the s	

Time	Activities	Person Responsible
3:00am-8:30am		Emcee
	- Statement of Purpose & Program Flow	- Facilitators
	- Setting of Expectations	- racintators
	- House Agreements	
	SESSION 1:	
	PEER HEALTH NAVIGATION KEY CONCEPTS,	
:30am-12:00pm	PRINCIPLES & PRACTICE STANDARDS	
	1.1 Laws and Policy Issuances on CSE and ARH	- Resource Persons
	1.2 Know your Intended Audience & Learn How to	- Facilitators
	Reach Them	
	1.3 Access to Adolescent Health Information &	
	Services	•
	1.3a Health Information	
	1.3b School Health Services	
12:00pm-1:00pm	LUNCH	l .
	1.4 Teens Right to Participate	
1.00mm 4.20		
1:00pm-4:30pm	SESSION 2.	
	SESSION 2: PEER HEALTH NAVIGATORS	- Resource Persons
	PEER HEALIH NAVIGATORS	- Facilitators
	2.1 Checklist: Key Principles in Establishing School-	T COMPLETED S
	Based Peer Health Navigation	
	2.2 I Choose to be a Health Navigator in my School	
·	Community	
:30pm-5:00pm	REMINDERS	Emcee
Day 4: Time	Activities	Person Responsible
3:00am-8:30am		
	<u> </u>	Participants
	2.3 Seven Steps in Setting Up School-based Peer	
3:30am-12:00nn	Health Navigation Program	
noodii-12,00IIII	Step 1. TEAM: Organizing Peer Health Navigators	
		_
	Step 2. PRODUCTS: Health Campaign Platforms	- Resource Persons
	and SBC Learning Materials	- Facilitators
	Step 3: SERVICES: Service Delivery Points in the	
	Schools and Community	
	Donoth Man Community	
	Step 4: IMPLEMENT: Generating Demand for	
	school health information, services, and	
	теfетгаl facilities.	
12:00pm-1:00pm	LUNCH	
1:00pm-4:30pm	Step 5: NAVIGATION: Making that Successful	
	Referral	
	Step 6: TRAINING: Consistently Building the	

ı

	Capacity of Peer Health Navigators	
	Step 7: DOCUMENTATION: Monitor, record, report key achievements and sustain efforts.	
4:30pm-5:00pm	REMINDERS	
Day 5		
8:00am-8:30am	Management of Learning (MOL)	Participants
8:30am-10:00am	SESSION 3: ACTION PLANNING AND NEXT STEPS	
	- Presentation of Action Plans	
10:00am-12nn	CLOSING PROGRAM	BLSS-Director
12:00nn	LUNCH	
	TRAVEL T	I M E

Annex A

TARGET AND NUMBER OF PARTICIPANTS

Luzon Cluster:

Date: September 23-27, 2024

Venue:Region 3

	Regional	Offices		Schools	Division	Offices		1
REGIO	ARH	CSE	RGC	Trained	ARH	YFD	Youth	TOTAL
N	focal/ ESSD	Focal	Repres entativ	Focal on PHN	Focal	Focal	Leaders	Particip ants
	personnel		е					
I	1	1	1	2	5	5	10	25
II	1	1	1	2	5	5	10	25
Ш	6	1	20	2	20	20	40	109
IV-A	1	1	1	2	5	5	10	25
IV-B	1	1	1	2	5	5	10	25
V	1	1	1	2	5	5	10	25
CAR	1	1	1	2	5	5	10	25
NCR	1	1	1	2	5	5	10	25
TOTAL	13	8	27	16	55	55	110	284

Visayas Cluster: Date: October 7-11, 2024 Venue:Region 6

	Regional Offices Schools Division Offices							
REGION	ARH Focal	CSE Focal	RGC Repres entativ e	Trained Focal on PHN	ARH Focal	YFD Focal	Youth Leaders	TOTAL Particip ants
VI	1	1	1	2	21	8	16	50
VII	1	1	1	2	8	8	16	37
VIII	1	1	1	2	8	8	16	37
TOTAL	3	3	3	6	37	24	48	124

Mindanao Cluster:

Date: November 4-8, 2024

Venue:Region XI

REGION	Regional Offices		Schools Division Offices					TOTAL
	ARH Focal	CSE Focal	RGC Represe ntative	Trained Focal on PHN	ARH Focal	YFD Focal	Youth Leaders	Particip ants
XI	1	1	1	2	8	8	8	29
x	1	1	1	2	14	14	8	41
XI	1	1	1	2	11	11	8	35
XII	1	1	1	2	8	8	8	29
Caraga	1	1	1	2	12	12	8	37
BARMM	1	1	1	0	8	8	8	27
TOTAL	6	6	6	10	61	61	48	198