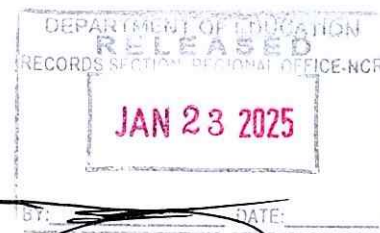




Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION



January 21, 2025

**REGIONAL MEMORANDUM**

No. 060, s. 2025

**To:** Schools Division Superintendents  
All Others Concerned

**ESSAY WRITING CONTEST MECHANICS: TB-FREE GENERATION CAMPAIGN  
IN THE NATIONAL CAPITAL REGION (NCR)**

1. This is with reference to the attached RM No. 021, s. 2025 dated January 7, 2025 regarding TB-Free Generation Campaign which aims to mobilize communities in the fight against TB.
2. In line with this, an essay writing contest shall be conducted with the theme ***TB-Free Generation Campaign: Pilipnas! Para Healthy Lungs, Pa-check ka Lungs! Plus TB Preventive Treatment (TPT) with Friends and Family!***
3. All SDOs shall select one (1) student representative following the attached contest mechanics and submit printed and electronic files to Department of Health - Metro Manila Center for Health Development (DOH-MMCHD) between January 27-31, 2025.
4. For further information, please contact Ms. Angeline M. Perfecto, Regional Project Officer of DOH-MMCHD through contact number 09295731094 or email at [amperfecto.pbsp@gmail.com](mailto:amperfecto.pbsp@gmail.com).
5. Immediate and wide dissemination of the memorandum is desired.

**JOCELYN DR ANDAYA**  
Regional Director – NCR  
Concurrent Officer-In-Charge Office of the  
Assistant Secretary for Operations



Address: 6 Misamis St., Bago Bantay, Quezon City  
Email address: [ncr@deped.gov.ph](mailto:ncr@deped.gov.ph)  
Website: [depedncr.com.ph](http://depedncr.com.ph)





Republic of the Philippines  
**DEPARTMENT OF HEALTH**  
*Metro Manila Center for Health Development*



**TB-FREE GENERATION CAMPAIGN**  
*“Pilipinas! Para Healthy Lungs, Pa-check ka Lungs!  
Plus TPT with Friends and Family!”*

The Metro Manila Center for Health Development (MMCHD), in collaboration with the Department of Education - National Capital Region (DepEd-NCR), aims to raise public awareness about Tuberculosis (TB) targeting the youth as part of an effort to end TB in Metro Manila and in the country. In the TB-Free Generation Campaign, an essay writing contest will be held among students in the junior and senior high school (grades 7 to 12) in public high schools in NCR. The mechanics are as follows:

- All School Division Offices (SDO) in the Local Government Units (LGU) in the National Capital Region are encouraged to join both the Essay Writing Contest.
- Only one (1) student representative from each LGU SDO can join.
- The conduct of initial selection of the students will be at the discretion of each SDOs.
- Submission of entries of the LGU SDOs to MMCHD will be between January 27 - 31, 2025.
- Awarding shall take place in March 2025.

**Essay Writing Contest Mechanics:**

1. The essay shall follow the theme of the TB-Free Generation campaign: *Pilipinas! Para Healthy Lungs, Pa-check ka Lungs! Plus TB Preventive Treatment (TPT) with Friends and Family!*
2. It shall answer the question: What can you do to contribute to a TB-Free Generation?
3. Each participant is limited to only one (1) entry.
4. The word range count shall be within 1,500 - 2,000 words.
5. Entries must not contain any violence, profanity, religious or cultural intolerance, racism, gender discrimination, and/or illegal acts.
6. Entries should be originally made. Any acts of plagiarism are prohibited. Violation of this rule will be subject to disqualification.
7. Participants must submit the following:
  - a. Entry form: <https://bit.ly/3WiBVYp>
  - b. Photocopy of current school ID,
  - c. Finished essay (typewritten) as PDF file and hardcopy,
  - d. Photo of the participant with the finished essay,
  - e. Time lapse video of the participant writing the essay.
8. Printed and electronic files will be submitted by the LGU SDO to MMCHD between January 27-31, 2025.

9. Criteria for judging are as follows:

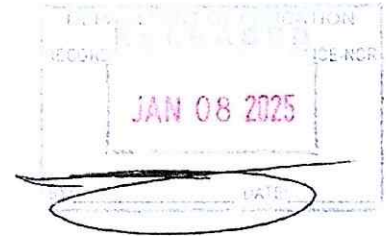
- a. Relevance to the theme - 25%
- b. Structure and style - 25%
- c. Content - 25%
- d. Originality - 25%

10. The winners of the essay writing contest shall receive the following:

- a. Winner: cash prize of PHP 3,000.00 and a gift certificate worth PHP 5,000.00
- b. 1st runner up: cash prize of PHP 2,000.00 and a gift certificate worth PHP 3,000.00
- c. 2nd runner up: cash prize of PHP 1,000.00 and a gift certificate worth PHP 2,000.00



Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION



January 7, 2025

**REGIONAL MEMORANDUM**

No. 021, s. 2025

**To:** Schools Division Superintendents  
All Others Concerned

**TB-FREE GENERATION CAMPAIGN IN THE NATIONAL CAPITAL REGION (NCR)**

1. This is with reference to the attached letter from the Department of Health Metro Manila Center for Health Development (DOH-MMCHD) dated December 17, 2024 re: TB-Free Generation Campaign which aims to mobilize communities in the fight against TB.

2. Highlighting the critical roles of Contract Investigation (CI) and Tuberculosis Preventive Treatment (TPT) in preventing transmission and ensuring a healthier and TB-free future.

3. In line with this, as per DepEd Order No.9, series 2005 entitled Instituting Measures to Engage Time-On-Task and Ensuring Compliance Therewith, highlighting paragraph 4 which stated measures to be adopted for the **no disruption of classes**. The Regional Office recommended the following activities only:

- Essay Writing Contest
- Symposium on Tuberculosis Treatment and Prevention for thirty (30) minutes delivered health by doctors for parents, teachers, non-teaching staff and learners.
- Health Services such as:
  - Mobile Chest X-rays
  - Vaccination

4. The target of this activity are public high schools (Grades 10-12) within NCR and each of the 16 SDOs is encouraged to submit one entry for the Essay Writing Contest.

5. For further information, please contact Ms. Angeline M. Perfecto, Regional Project Officer of DOH-MMCHD through contact number 09295731094 or email at [amperfecto.pbsp@gmail.com](mailto:amperfecto.pbsp@gmail.com).



Address: 6 Misamis St., Bago Bantay, Quezon City  
Email address: [ncr@deped.gov.ph](mailto:ncr@deped.gov.ph)  
Website: [depedncr.com.ph](http://depedncr.com.ph)






Republic of the Philippines  
**Department of Education**  
NATIONAL CAPITAL REGION

---

6. Immediate and wide dissemination of the memorandum is desired.

**JOCELYN DR ANDAYA**   
Regional Director, NCR  
Concurrent Officer-In-Charge  
Office of the Assistant Secretary  
for Operations

ESSD/SHNU



Address: 6 Misamis St., Bago Bantay, Quezon City  
Email address: [ncr@deped.gov.ph](mailto:ncr@deped.gov.ph)  
Website: [depedncr.com.ph](http://depedncr.com.ph)

