



Republic of the Philippines
Department of Education
 NATIONAL CAPITAL REGION

February 12, 2025

REGIONAL MEMORANDUM

No. 143, s. 2025

To: Schools Division Superintendents
 RO Chiefs & Unit Heads
 SGOD Chiefs & CID Chiefs
 Division Sports Officers
 All Others Concerned

CONDUCT OF THE 2025 PALARONG PAMBANSA

- Pursuant to the attached Memorandum OM-OUOPS-2025-05-00833 dated February 4, 2025, titled *Conduct of the 2025 Palarong Pambansa*, the Schools Divisions are hereby informed of the conduct of the *2025 Palarong Pambansa* to be held from **May 24 to June 2, 2025**, in **Ilocos Norte Province**.
- The annual scholastic multi-sport competition shall be hosted by the local government unit (LGU) of Ilocos Norte Province together with DepEd Region I and the Schools Division Office (SDO) of Ilocos Norte. The national event shall be participated in by the 17 DepEd regional athletic associations and delegates from the National Academy of Sports (NAS).
- The schedule of activities is as follows:

Event/Activity	Date	Venue
Arrival of Delegation	May 20, 2025	Ilocos Norte
Registration/Simultaneous Orientation of Technical Officials & National Technical Committee Members		TBA
Refresher Course	May 21-22, 2025	TBA
Solidarity Meeting	May 23, 2025	TBA
Opening Ceremony	May 24, 2025	Ferdinand E. Marcos Memorial Stadium
Palaro ng Lahi	May 25, 2025	TBA
Exhibition Sports		
Competition Proper	May 26-30, 2025	Playing venues
Closing Program	May 31, 2025	Ferdinand E. Marcos Memorial Stadium
Departure of Delegation	June 1-2, 2025	





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4. This year's Palarong Pambansa shall continue to adopt the **Qualifying Standards** for measurable sports such as Athletics, Swimming and Archery. However, only the **top 2 qualifiers per region** for Athletics and Swimming and **top 4 qualifiers per region** for Archery shall advance to the Palarong Pambansa. The **gold medalist/s** shall be considered to advance and compete in the national games in cases where there is/are no regional qualifier/s. Attached is the Qualification Standards for Measurable Sports in the 2025 Palarong Pambansa, for reference.

5. A **Modified Winner-Take-All** policy shall be adopted for all team sports (Basketball, Baseball, Softball, Football, Futsal, Sepak Takraw and Volleyball) effective immediately, pursuant to the provisions of Palarong Pambansa Board Ad Referendum Resolution No. 2025-001 titled *Adoption of the Modified Winner-Take-All Policy for Team Sports in the 2025 Palarong Pambansa*. Attention is particularly invited to the following:

WHEREAS, the final team roster for all team sports advancing to the division meets, regional meets, and the Palarong Pambansa national level shall consist of the core team of twelve (12) to eighteen (18) players from the winning team as determined by the specific requirements of each sport, which must be maintained in its entirety throughout the competition, and up to three (3) additional players who may be selected from other schools/teams within the same district, division, or region, as the case may be, provided that such players have qualified and participated in the lower meets;

6. Pencak Silat and Pole Vault-Secondary Girls (Athletics) will be featured as a regular sport while Weightlifting as a demonstration sport and Kickboxing as an exhibition sport in the 2025 Palarong Pambansa

7. For information and guidance of all concerned.


JOCELYN DR ANDAYA

Regional Director, NCR

Concurrent Officer-In-Charge, Office of the
Assistant Secretary for Operations

Encl.:

As stated.

/essd/joan/



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Certificate No. PWF-QMS
2482-0183



Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM
OM-OUOPS-2025- *OT 00833*

TO : REGIONAL DIRECTORS
 MINISTER OF BASIC, HIGHER, AND TECHNICAL
 EDUCATION, BARMM
 SCHOOLS DIVISION SUPERINTENDENTS
 REGIONAL SPORTS OFFICERS
 TOURNAMENT DIRECTORS
 ASSISTANT TOURNAMENT DIRECTORS
 ALL OTHERS CONCERNED

FROM : MALCOLM S. GARMA
Assistant Secretary, Officer-In-Charge
Office of the Undersecretary for Operations
Secretary General, Palarong Pambansa

SUBJECT : CONDUCT OF THE 2025 PALARONG PAMBANSA

DATE : 04 February 2025

Pursuant to Sections 6, 8, 9, and 10 of Rule II of the Implementing Rules and Regulations (IRR) of the Republic Act (RA) 10588 otherwise known as the *Palarong Pambansa* Act of 2013, the Department of Education (DepEd), through the *Palarong Pambansa* Board and its Secretariat, shall conduct the **2025 Palarong Pambansa** to be held from May 24 to June 02, 2025 in Ilocos Norte Province.

The annual scholastic multi-sport competition shall be hosted by the local government unit (LGU) of Ilocos Norte Province together with DepEd-Region I and the Schools Division Office (SDO) of Ilocos Norte. The event shall be participated by the 17 DepEd regional athletic associations and delegates from the National Academy of Sports (NAS).

The schedule of activities is as follows:

Event/Activity	Date	Venue
Arrival of Delegation	May 20, 2025	Ilocos Norte
Registration/Simultaneous Orientation of Technical Officials & National Technical Committee Members		TBA



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Call Center No. 1697-0000
 25.02.2025

Refresher Course	May 21-22, 2025	TBA
Solidarity Meeting	May 23, 2025	TBA
Opening Ceremony	May 24, 2025	Ferdinand E. Marcos Memorial Stadium
<i>Palarong Lahi</i>	May 25, 2025	TBA
Exhibition Sports		
Competition Proper	May 26-30, 2025	Playing Venues
Closing Program	May 31, 2025	Ferdinand E. Marcos Memorial Stadium
Departure of Delegation	June 01-02, 2025	

This year's *Palarong Pambansa* shall continue to adopt the **Qualifying Standards** for measurable sports such as Athletics, Swimming, and Archery. However, only the **top 2 qualifiers per region** for Athletics and Swimming and **top 4 qualifiers per region** for Archery shall advance to the *Palarong Pambansa* national competitions. The **gold medalist/s** shall be considered to advance and compete in the national games in cases where there is/are no regional qualifier/s. Enclosed herewith is the **Qualifying Standards for Measurable Sports in the 2025 Palarong Pambansa** for easy reference.

A **Modified Winner-Take-All** policy shall be adopted for all team sports (Basketball, Baseball, Softball, Football, Futsal, Sepak Takraw and Volleyball) in this year's *Palarong Pambansa*, pursuant to the provisions of *Palarong Pambansa* Board Ad Referendum Resolution No. 2025-001 entitled *Adoption of the Modified Winner-Take-All Policy for Team Sports in the 2025 Palarong Pambansa*, as follows:

"WHEREAS, the modified Winner-Take-All policy shall feature the primary essence of the policy which is to form a team represented by the winning school, with its core players consisting of bona fide athletes enrolled in that school, while allowing the inclusion of additional athletes from other schools to strengthen the team and ensure the representation of the best players from the division or region;

WHEREAS, the final team roster for all team sports advancing to the division meets, regional meets, and the Palarong Pambansa national level shall consist of the core team of twelve (12) to eighteen (18) players from the winning team as determined by the specific requirements of each sport, which must be maintained in its entirety throughout the competition, and up to three (3) additional players who may be selected from other schools/teams within the same district, division, or region, as the case may be, provided that such players have qualified and participated in the lower meets;

WHEREAS, the selection of additional players shall be at the discretion of the coach of the winning team, subject to prior consultation with and approval of the respective schools and teams of the additional players;

provided, however, that the coach of the winning team retains the prerogative to modify the selection of additional players as the team advances to succeeding higher-level meets and/or the Palarong Pambansa;

WHEREAS, these additional players shall be part of the official team roster (e.g., Basketball: 12 core players + up to 3 players from other teams; Football: 18 core players + up to 3 additional players from other teams), thereby superseding the provision in Item No. 13 of DM No. 35, s. 2023, which previously designated the three (3) additional players as mere alternates;

WHEREAS, the coach of the winning team also has the option to select his/her preferred assistant coach as may be applicable, who may come from the winning school or from a different school that participated in the lower meets, provided that the assistant coach meets the eligibility requirements set forth under existing Palarong Pambansa guidelines;

WHEREAS, expenses to be incurred for the participation of additional learner-athletes for the Palarong Pambansa shall be borne by the division and/or regional delegations, subject to the availability of funds therefor."

Pencak Silat and Pole Vault-Secondary Girls (Athletics) will be featured as a regular sport; **Weightlifting** as a demonstration sport; and **Kickboxing** as an exhibition sport in this year's Palarong Pambansa.

The no disruption of classes policy, as stipulated in DepEd Order No. 09, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*, shall be strictly observed during the conduct of the 2025 Palarong Pambansa competitions.

For more information, all concerned may contact the **Palarong Pambansa Secretariat** at telephone number (02) 8687-4146 or through email address palarong.pambansa@deped.gov.ph.

Immediate dissemination of this Memorandum is desired.



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**QUALIFYING STANDARDS FOR MEASURABLE SPORTS
IN THE 2025 PALARONG PAMBANSA**



ATHLETICS

EVENT	TIME / DISTANCE / HEIGHT			
	ELEM. BOYS	ELEM. GIRLS	SEC. BOYS	SEC. GIRLS
100 m	12.73	14.00	11.48	13.07
200 m	26.14	29.22	23.06	27.83
400 m	58.21	01:04.85	52.59	01:04.00
800 m	02:26.00	02:42.00	02:05.00	02:33.00
1,500 m	04.59.00	05:22.08	04:20.00	05:23.46
3,000 m	N/A	N/A	10:50.00	11:41.39
5,000 m	N/A	N/A	16:50.00	N/A
100 m hurdles	N/A	N/A	N/A	17.08
110 m hurdles	20.05	18.26	16.00	N/A
400 m hurdles	1.12.00	01:19.00	01:00.54	01:10.00
410 m hurdles	N/A	N/A	N/A	N/A
High Jump	1.47 m	1.31	1.75 m	1.44m
Long Jump	5.00 m	4.13	6.11 m	4.95m
Triple Jump	10.16 m	9.67	13.47 m	10.67m
Shot Put	8.77 m	8.20	12.00 m	9.53m
Discus Throw	25.79 m	20.00	35.14 m	25.59m
Javelin Throw	39.40 m	30.00	48.56 m	32.13m
Pole Vault	N/A	N/A	2.80 m	N/A
Walkathon (2,000 m)	N/A	N/A	11:00.00	12:21.93



SWIMMING

EVENT	TIME			
	ELEM. BOYS	ELEM. GIRLS	SEC. BOYS	SEC. GIRLS
400 M Freestyle	05:03.45	05:16.19	04:31.60	05:02.43
100 M Backstroke	01:15.78	01:18.88	01:03.16	01:14.92
200 M Breaststroke	N/A	N/A	02:32.03	02:53.19
50 M Butterfly	00:30.79	33.44	00:26.96	00:30.80
800 M Freestyle	N/A	N/A	09:40.25	10:53.38
200 M Individual Medley	02:43.35	02:50.29	02:20.31	02:37.47
200 M Butterfly	N/A	N/A	02:17.87	02:35.27
100 M Freestyle	01:03.27	01:08.46	00:56.37	01:03.35
50 M Backstroke	00:34.09	00:36.25	00:29.10	00:32.85
400 M Individual Medley	N/A	N/A	05:00.06	05:41.16
100 M Butterfly	01:11.73	01:17.01	01:00.92	01:10.40
200 M Freestyle	02:24.58	02:26.97	02:04.76	02:23.24
50 M Breaststroke	00:37.25	00:39.57	00:31.34	00:36.86
1500 M Freestyle	N/A	N/A	18:30.00	20:03.55
200 M Backstroke	N/A	N/A	02:22.93	2:45.22
100 M Breaststroke	01:22.70	01:27.39	01:09.39	01:21.35
50 M Freestyle	00:29.19	00:31.30	00:25.51	00:28.70



ARCHERY

EVENT	QUALIFYING SCORE	
	BOYS	GIRLS
*1440 Round	1142	1078

*Aggregate score of four (4) distance rounds (30, 50, 60, 70 meter-rounds)